



Their parents don't care about the condition of their teeth.

But when it comes to your own children, you want the best for them.

Your Child is Invited to a School Sealant Clinic

Provided by your local Public Health District and the Idaho Oral Health Program

Protect Your Child's Teeth and Help Prevent Cavities With Dental Sealants

Sealants are a safe coating that either a dentist or a dental hygienist paints onto the chewing surfaces of your child's back teeth. This coating helps protect teeth from cavities by keeping germs and food out of the deep grooves in the surface of the teeth. Bacteria that cause cavities like to hide in these grooves. By preventing cavities, children can avoid pain and discomfort, which can help them succeed in school.

How Are Sealants Applied?

Applying the sealant is simple and painless. It takes only a few minutes for the dentist or dental hygienist to apply the sealant.

1. The dental hygienist first cleans the teeth that are to be sealed.
2. Each tooth is then dried and cotton is put around the tooth to keep it dry.
3. A gel solution is painted onto the chewing surfaces of the back teeth, which helps the sealant stick to the teeth.
4. The teeth are rinsed and dried.
5. The sealant is then painted onto the tooth, where it sticks directly to the surface. A special light is then used to help the sealant harden.

How Long Do Sealants Last?

Sealants can protect teeth from cavities for up to 10 years, but they need to be checked for chipping or wearing at regular dental check-ups. A dentist or dental hygienist can replace sealants when needed.

For more information, contact:

Idaho Oral Health Program

Angie Bailey, RDH-EA, BSDH, Program Manager

208.334.5928

baileya@dhw.idaho.gov

Or your local Public Health District

Panhandle Health District: 208.415.5100

Public Health - Idaho North Central Health District: 208.799.3100

Southwest District Health: 208.455.5300

Central District Health Department: 208.375.5211

South Central Public Health District: 208.734.5900

Southeastern Idaho Public Health: 208.233.9080

Eastern Idaho Public Health District: 208.522.0310