

	2012	National Benchmark*	Idaho
Health Outcomes	1		
Mortality	1		
Premature death	4,520	5,466	6,351
Morbidity	4		
Poor or fair health	11%	10%	14%
Poor physical health days	2.0	2.6	3.5
Poor mental health days	2.8	2.3	3.3
Low birthweight	6.6%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	16%	14%	17%
Adult obesity	18%	25%	27%
Physical inactivity	13%	21%	20%
Excessive drinking	23%	8%	15%
Motor vehicle crash death rate	35	12	19
Sexually transmitted infections	152	84	252
Teen birth rate	35	22	40
Clinical Care	2		
Uninsured	21%	11%	19%
Primary care physicians	614:1	631:1	1,036:1
Preventable hospital stays	19	49	45
Diabetic screening	81%	89%	82%
Mammography screening	79%	74%	63%
Social & Economic Factors	13		
High school graduation	76%		81%
Some college	65%	68%	62%
Unemployment	9.6%	5.4%	9.3%
Children in poverty	15%	13%	20%
Inadequate social support	16%	14%	17%
Children in single-parent households	16%	20%	23%
Violent crime rate	289	73	242
Physical Environment	2		
Air pollution-particulate matter days	14	0	10
Air pollution-ozone days	0	0	2
Access to recreational facilities	40	16	10
Limited access to healthy foods	3%	0%	9%
Fast food restaurants	28%	25%	46%

	2011	National Benchmark*	Idaho
Health Outcomes	4		
Mortality	4		
Premature death	5,219	5,564	6,422
Morbidity	4		
Poor or fair health	9%	10%	14%
Poor physical health days	2.0	2.6	3.5
Poor mental health days	2.9	2.3	3.3
Low birthweight	6.9%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	16%	15%	18%
Adult obesity	15%	25%	26%
Excessive drinking	25%	8%	15%
Motor vehicle crash death rate	36	12	20
Sexually transmitted infections	175	83	280
Teen birth rate	37	22	40
Clinical Care	4		
Uninsured adults	25%	13%	20%
Primary care physicians	614:1	631:1	1,036:1
Preventable hospital stays	42	52	50
Diabetic screening	88%	89%	81%
Mammography screening	69%	74%	61%
Social & Economic Factors	10		
High school graduation	70%	92%	80%
Some college	60%	68%	61%
Unemployment	7.7%	5.3%	8.0%
Children in poverty	10%	11%	16%
Inadequate social support	16%	14%	17%
Children in single-parent households	21%	20%	23%
Homicide rate		1	3
Physical Environment	6		
Air pollution-particulate matter days	14	0	10
Air pollution-ozone days	0	0	2
Access to healthy foods	40%	92%	52%
Access to recreational facilities	36	17	10

*90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

	2010	Target Value*	Idaho
Health Outcomes	3		
Mortality	6		
Premature death	5,550	5,405	6,463
Morbidity	3		
Poor or fair health	8%	12%	14%
Poor physical health days	2.1	2.9	3.4
Poor mental health days	2.8	2.8	3.3
Low birthweight	6.8%	5.1%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	15%	15%	18%
Adult obesity	16%	23%	25%
Binge drinking	21%	8%	14%
Motor vehicle crash death rate	38	13	20
Chlamydia rate	126	60	254
Teen birth rate	37	27	40
Clinical Care	11		
Uninsured adults	27%	14%	17%
Primary care provider rate	163	141	99
Preventable hospital stays	46	44	53
Diabetic screening	83%	85%	79%
Hospice use		43%	28%
Social & Economic Factors	3		
High school graduation	85%	91%	81%
College degrees	43%	26%	22%
Unemployment	4%	3%	5%
Children in poverty	9%	14%	16%
Income inequality	50	38	43
Inadequate social support	15%	11%	16%
Single-parent households	8%	5%	8%
Homicide rate		0	3
Physical Environment	26		
Air pollution-particulate matter days	0	0	5
Air pollution-ozone days	0	0	0
Access to healthy foods	43%	60%	36%
Liquor store density	1.9		0.6

2012 County Health Rankings: Measures, Data Sources, and Years of Data

Measure	Data Source	Years of Data
HEALTH OUTCOMES		
Mortality	Premature death	National Center for Health Statistics 2006-2008
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System 2004-2010
	Poor physical health days	Behavioral Risk Factor Surveillance System 2004-2010
	Poor mental health days	Behavioral Risk Factor Surveillance System 2004-2010
	Low birthweight	National Center for Health Statistics 2002-2008
HEALTH FACTORS		
HEALTH BEHAVIORS		
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System 2004-2010
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion 2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion 2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System 2004-2010
	Motor vehicle crash death rate	National Center for Health Statistics 2002-2008
Sexual Activity	Sexually transmitted infections	National Center for Hepatitis, HIV, STD and TB Prevention 2009
	Teen birth rate	National Center for Health Statistics 2002-2008
CLINICAL CARE		
Access to Care	Uninsured	Small Area Health Insurance Estimates 2009
	Primary care physicians	Health Resources & Services Administration 2009
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute 2009
	Diabetic screening	Medicare/Dartmouth Institute 2009
	Mammography screening	Medicare/Dartmouth Institute 2009
SOCIAL AND ECONOMIC FACTORS		
Education	High school graduation	National Center for Education Statistics and state-specific sources ¹ 2008-2010
	Some college	American Community Survey 2006-2010
Employment	Unemployment	Bureau of Labor Statistics 2010
Income	Children in poverty	Small Area Income and Poverty Estimates 2010
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System 2006-2010
	Children in single-parent households	American Community Survey 2006-2010
Community Safety	Violent crime rate ²	Federal Bureau of Investigation 2007-2009
PHYSICAL ENVIRONMENT		
Environmental Quality ³	Air pollution-particulate matter days	U.S. Environmental Protection Agency 2007
	Air pollution-ozone days	U.S. Environmental Protection Agency 2007
Built Environment	Access to recreational facilities	Census County Business Patterns 2009
	Limited access to healthy foods ⁴	U.S. Department of Agriculture 2006
	Fast food restaurants	Census County Business Patterns 2009

¹ NCES used for AK, AL, AR, CA, CT, FL, HI, ID, KY, MT, ND, NJ, OK, SD and TN

² State data source for IL.

³ Not available for AK and HI.

⁴ Access to Healthy Foods (2009) from Census Zip Code Business Patterns for AK and HI.