

	2012	National Benchmark*	Idaho
Health Outcomes	1		
Mortality	1		
Premature death		5,466	6,351
Morbidity	4		
Poor or fair health		10%	14%
Poor physical health days	1.6	2.6	3.5
Poor mental health days	3.4	2.3	3.3
Low birthweight		6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking		14%	17%
Adult obesity	26%	25%	27%
Physical inactivity	21%	21%	20%
Excessive drinking		8%	15%
Motor vehicle crash death rate		12	19
Sexually transmitted infections	89	84	252
Teen birth rate		22	40
Clinical Care	2		
Uninsured	22%	11%	19%
Primary care physicians		631:1	1,036:1
Preventable hospital stays		49	45
Diabetic screening		89%	82%
Mammography screening		74%	63%
Social & Economic Factors	13		
High school graduation	88%		81%
Some college	46%	68%	62%
Unemployment	12.6%	5.4%	9.3%
Children in poverty	17%	13%	20%
Inadequate social support		14%	17%
Children in single-parent households	22%	20%	23%
Violent crime rate	119	73	242
Physical Environment	2		
Air pollution-particulate matter days	16	0	10
Air pollution-ozone days	0	0	2
Access to recreational facilities	0	16	10
Limited access to healthy foods	35%	0%	9%
Fast food restaurants	60%	25%	46%

	2011	National Benchmark*	Idaho
Health Outcomes	4		
Mortality	4		
Premature death		5,564	6,422
Morbidity	4		
Poor or fair health	6%	10%	14%
Poor physical health days	1.9	2.6	3.5
Poor mental health days	4.2	2.3	3.3
Low birthweight		6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking		15%	18%
Adult obesity	25%	25%	26%
Excessive drinking		8%	15%
Motor vehicle crash death rate		12	20
Sexually transmitted infections	178	83	280
Teen birth rate		22	40
Clinical Care	4		
Uninsured adults	29%	13%	20%
Primary care physicians		631:1	1,036:1
Preventable hospital stays	83	52	50
Diabetic screening		89%	81%
Mammography screening		74%	61%
Social & Economic Factors	10		
High school graduation	75%	92%	80%
Some college	51%	68%	61%
Unemployment	9.3%	5.3%	8.0%
Children in poverty	11%	11%	16%
Inadequate social support		14%	17%
Children in single-parent households	13%	20%	23%
Homicide rate		1	3
Physical Environment	6		
Air pollution-particulate matter days	16	0	10
Air pollution-ozone days	0	0	2
Access to healthy foods	50%	92%	52%
Access to recreational facilities	0	17	10

*90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

	2010	Target Value*	Idaho
Health Outcomes	3		
Mortality	6		
Premature death		5,405	6,463
Morbidity	3		
Poor or fair health		12%	14%
Poor physical health days	3.7	2.9	3.4
Poor mental health days		2.8	3.3
Low birthweight		5.1%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking		15%	18%
Adult obesity	27%	23%	25%
Binge drinking		8%	14%
Motor vehicle crash death rate		13	20
Chlamydia rate	0	60	254
Teen birth rate		27	40
Clinical Care	11		
Uninsured adults	25%	14%	17%
Primary care provider rate		141	99
Preventable hospital stays		44	53
Diabetic screening		85%	79%
Hospice use		43%	28%
Social & Economic Factors	3		
High school graduation	100%	91%	81%
College degrees	22%	26%	22%
Unemployment	4%	3%	5%
Children in poverty	9%	14%	16%
Income inequality	47	38	43
Inadequate social support		11%	16%
Single-parent households	5%	5%	8%
Homicide rate		0	3
Physical Environment	26		
Air pollution-particulate matter days	0	0	5
Air pollution-ozone days	0	0	0
Access to healthy foods	33%	60%	36%
Liquor store density	0.0		0.6

2012 County Health Rankings: Measures, Data Sources, and Years of Data

Measure	Data Source	Years of Data
HEALTH OUTCOMES		
Mortality	Premature death	National Center for Health Statistics 2006-2008
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System 2004-2010
	Poor physical health days	Behavioral Risk Factor Surveillance System 2004-2010
	Poor mental health days	Behavioral Risk Factor Surveillance System 2004-2010
	Low birthweight	National Center for Health Statistics 2002-2008
HEALTH FACTORS		
HEALTH BEHAVIORS		
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System 2004-2010
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion 2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion 2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System 2004-2010
	Motor vehicle crash death rate	National Center for Health Statistics 2002-2008
Sexual Activity	Sexually transmitted infections	National Center for Hepatitis, HIV, STD and TB Prevention 2009
	Teen birth rate	National Center for Health Statistics 2002-2008
CLINICAL CARE		
Access to Care	Uninsured	Small Area Health Insurance Estimates 2009
	Primary care physicians	Health Resources & Services Administration 2009
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute 2009
	Diabetic screening	Medicare/Dartmouth Institute 2009
	Mammography screening	Medicare/Dartmouth Institute 2009
SOCIAL AND ECONOMIC FACTORS		
Education	High school graduation	National Center for Education Statistics and state-specific sources ¹ 2008-2010
	Some college	American Community Survey 2006-2010
Employment	Unemployment	Bureau of Labor Statistics 2010
Income	Children in poverty	Small Area Income and Poverty Estimates 2010
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System 2006-2010
	Children in single-parent households	American Community Survey 2006-2010
Community Safety	Violent crime rate ²	Federal Bureau of Investigation 2007-2009
PHYSICAL ENVIRONMENT		
Environmental Quality ³	Air pollution-particulate matter days	U.S. Environmental Protection Agency 2007
	Air pollution-ozone days	U.S. Environmental Protection Agency 2007
Built Environment	Access to recreational facilities	Census County Business Patterns 2009
	Limited access to healthy foods ⁴	U.S. Department of Agriculture 2006
	Fast food restaurants	Census County Business Patterns 2009

¹ NCES used for AK, AL, AR, CA, CT, FL, HI, ID, KY, MT, ND, NJ, OK, SD and TN

² State data source for IL.

³ Not available for AK and HI.

⁴ Access to Healthy Foods (2009) from Census Zip Code Business Patterns for AK and HI.