

	2012	National Benchmark*	Idaho
<b>Health Outcomes</b>	<b>1</b>		
<b>Mortality</b>	<b>1</b>		
Premature death	6,886	5,466	6,351
<b>Morbidity</b>	<b>4</b>		
Poor or fair health	17%	10%	14%
Poor physical health days	3.2	2.6	3.5
Poor mental health days	3.5	2.3	3.3
Low birthweight	6.5%	6.0%	6.6%
<b>Health Factors</b>	<b>2</b>		
<b>Health Behaviors</b>	<b>2</b>		
Adult smoking	15%	14%	17%
Adult obesity	29%	25%	27%
Physical inactivity	24%	21%	20%
Excessive drinking	10%	8%	15%
Motor vehicle crash death rate	33	12	19
Sexually transmitted infections	169	84	252
Teen birth rate	53	22	40
<b>Clinical Care</b>	<b>2</b>		
Uninsured	24%	11%	19%
Primary care physicians	1,021:1	631:1	1,036:1
Preventable hospital stays	45	49	45
Diabetic screening	81%	89%	82%
Mammography screening	56%	74%	63%
<b>Social &amp; Economic Factors</b>	<b>13</b>		
High school graduation	87%		81%
Some college	47%	68%	62%
Unemployment	7.1%	5.4%	9.3%
Children in poverty	21%	13%	20%
Inadequate social support	17%	14%	17%
Children in single-parent households	20%	20%	23%
Violent crime rate	192	73	242
<b>Physical Environment</b>	<b>2</b>		
Air pollution-particulate matter days	3	0	10
Air pollution-ozone days	0	0	2
Access to recreational facilities	9	16	10
Limited access to healthy foods	8%	0%	9%
Fast food restaurants	54%	25%	46%

	2011	National Benchmark*	Idaho
<b>Health Outcomes</b>	<b>4</b>		
<b>Mortality</b>	<b>4</b>		
Premature death	7,439	5,564	6,422
<b>Morbidity</b>	<b>4</b>		
Poor or fair health	16%	10%	14%
Poor physical health days	3.2	2.6	3.5
Poor mental health days	3.2	2.3	3.3
Low birthweight	6.6%	6.0%	6.6%
<b>Health Factors</b>	<b>2</b>		
<b>Health Behaviors</b>	<b>2</b>		
Adult smoking	15%	15%	18%
Adult obesity	30%	25%	26%
Excessive drinking	10%	8%	15%
Motor vehicle crash death rate	33	12	20
Sexually transmitted infections	244	83	280
Teen birth rate	56	22	40
<b>Clinical Care</b>	<b>4</b>		
Uninsured adults	25%	13%	20%
Primary care physicians	1,021:1	631:1	1,036:1
Preventable hospital stays	59	52	50
Diabetic screening	74%	89%	81%
Mammography screening	42%	74%	61%
<b>Social &amp; Economic Factors</b>	<b>10</b>		
High school graduation	75%	92%	80%
Some college	47%	68%	61%
Unemployment	5.5%	5.3%	8.0%
Children in poverty	21%	11%	16%
Inadequate social support	18%	14%	17%
Children in single-parent households	23%	20%	23%
Homicide rate		1	3
<b>Physical Environment</b>	<b>6</b>		
Air pollution-particulate matter days	3	0	10
Air pollution-ozone days	0	0	2
Access to healthy foods	40%	92%	52%
Access to recreational facilities	9	17	10

\*90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

	2010	Target Value*	Idaho
<b>Health Outcomes</b>	<b>3</b>		
<b>Mortality</b>	<b>6</b>		
Premature death	6,715	5,405	6,463
<b>Morbidity</b>	<b>3</b>		
Poor or fair health	16%	12%	14%
Poor physical health days	3.2	2.9	3.4
Poor mental health days	3.2	2.8	3.3
Low birthweight	6.7%	5.1%	6.6%
<b>Health Factors</b>	<b>2</b>		
<b>Health Behaviors</b>	<b>2</b>		
Adult smoking	15%	15%	18%
Adult obesity	27%	23%	25%
Binge drinking	10%	8%	14%
Motor vehicle crash death rate	37	13	20
Chlamydia rate	150	60	254
Teen birth rate	55	27	40
<b>Clinical Care</b>	<b>11</b>		
Uninsured adults	19%	14%	17%
Primary care provider rate	84	141	99
Preventable hospital stays	61	44	53
Diabetic screening	72%	85%	79%
Hospice use	28%	43%	28%
<b>Social &amp; Economic Factors</b>	<b>3</b>		
High school graduation	83%	91%	81%
College degrees	14%	26%	22%
Unemployment	4%	3%	5%
Children in poverty	24%	14%	16%
Income inequality	42	38	43
Inadequate social support	19%	11%	16%
Single-parent households	8%	5%	8%
Homicide rate		0	3
<b>Physical Environment</b>	<b>26</b>		
Air pollution-particulate matter days	0	0	5
Air pollution-ozone days	0	0	0
Access to healthy foods	33%	60%	36%
Liquor store density	0.5		0.6

## 2012 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
<b>HEALTH OUTCOMES</b>			
<b>Mortality</b>	Premature death	National Center for Health Statistics	2006-2008
<b>Morbidity</b>	Poor or fair health	Behavioral Risk Factor Surveillance System	2004-2010
	Poor physical health days	Behavioral Risk Factor Surveillance System	2004-2010
	Poor mental health days	Behavioral Risk Factor Surveillance System	2004-2010
	Low birthweight	National Center for Health Statistics	2002-2008
<b>HEALTH FACTORS</b>			
<b>HEALTH BEHAVIORS</b>			
<b>Tobacco Use</b>	Adult smoking	Behavioral Risk Factor Surveillance System	2004-2010
<b>Diet and Exercise</b>	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2009
<b>Alcohol Use</b>	Excessive drinking	Behavioral Risk Factor Surveillance System	2004-2010
	Motor vehicle crash death rate	National Center for Health Statistics	2002-2008
<b>Sexual Activity</b>	Sexually transmitted infections	National Center for Hepatitis, HIV, STD and TB Prevention	2009
	Teen birth rate	National Center for Health Statistics	2002-2008
<b>CLINICAL CARE</b>			
<b>Access to Care</b>	Uninsured	Small Area Health Insurance Estimates	2009
	Primary care physicians	Health Resources & Services Administration	2009
<b>Quality of Care</b>	Preventable hospital stays	Medicare/Dartmouth Institute	2009
	Diabetic screening	Medicare/Dartmouth Institute	2009
	Mammography screening	Medicare/Dartmouth Institute	2009
<b>SOCIAL AND ECONOMIC FACTORS</b>			
<b>Education</b>	High school graduation	National Center for Education Statistics and state-specific sources <sup>1</sup>	2008-2010
	Some college	American Community Survey	2006-2010
<b>Employment</b>	Unemployment	Bureau of Labor Statistics	2010
<b>Income</b>	Children in poverty	Small Area Income and Poverty Estimates	2010
<b>Family and Social Support</b>	Inadequate social support	Behavioral Risk Factor Surveillance System	2006-2010
	Children in single-parent households	American Community Survey	2006-2010
<b>Community Safety</b>	Violent crime rate <sup>2</sup>	Federal Bureau of Investigation	2007-2009
<b>PHYSICAL ENVIRONMENT</b>			
<b>Environmental Quality</b> <sup>3</sup>	Air pollution-particulate matter days	U.S. Environmental Protection Agency	2007
	Air pollution-ozone days	U.S. Environmental Protection Agency	2007
<b>Built Environment</b>	Access to recreational facilities	Census County Business Patterns	2009
	Limited access to healthy foods <sup>4</sup>	U.S. Department of Agriculture	2006
	Fast food restaurants	Census County Business Patterns	2009

<sup>1</sup> NCES used for AK, AL, AR, CA, CT, FL, HI, ID, KY, MT, ND, NJ, OK, SD and TN

<sup>2</sup> State data source for IL.

<sup>3</sup> Not available for AK and HI.

<sup>4</sup> Access to Healthy Foods (2009) from Census Zip Code Business Patterns for AK and HI.