

	2012	National Benchmark*	Idaho
Health Outcomes	1		
Mortality	1		
Premature death	7,628	5,466	6,351
Morbidity	4		
Poor or fair health	18%	10%	14%
Poor physical health days	3.8	2.6	3.5
Poor mental health days	2.8	2.3	3.3
Low birthweight	7.5%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	21%	14%	17%
Adult obesity	32%	25%	27%
Physical inactivity	20%	21%	20%
Excessive drinking	14%	8%	15%
Motor vehicle crash death rate	33	12	19
Sexually transmitted infections	342	84	252
Teen birth rate	70	22	40
Clinical Care	2		
Uninsured	26%	11%	19%
Primary care physicians	1,030:1	631:1	1,036:1
Preventable hospital stays	60	49	45
Diabetic screening	85%	89%	82%
Mammography screening	61%	74%	63%
Social & Economic Factors	13		
High school graduation	82%		81%
Some college	37%	68%	62%
Unemployment	8.5%	5.4%	9.3%
Children in poverty	25%	13%	20%
Inadequate social support	25%	14%	17%
Children in single-parent households	26%	20%	23%
Violent crime rate	174	73	242
Physical Environment	2		
Air pollution-particulate matter days	4	0	10
Air pollution-ozone days	0	0	2
Access to recreational facilities	5	16	10
Limited access to healthy foods	6%	0%	9%
Fast food restaurants	53%	25%	46%

	2011	National Benchmark*	Idaho
Health Outcomes	4		
Mortality	4		
Premature death	8,014	5,564	6,422
Morbidity	4		
Poor or fair health	18%	10%	14%
Poor physical health days	3.9	2.6	3.5
Poor mental health days	3.2	2.3	3.3
Low birthweight	7.6%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	23%	15%	18%
Adult obesity	28%	25%	26%
Excessive drinking	13%	8%	15%
Motor vehicle crash death rate	37	12	20
Sexually transmitted infections	308	83	280
Teen birth rate	72	22	40
Clinical Care	4		
Uninsured adults	26%	13%	20%
Primary care physicians	1,030:1	631:1	1,036:1
Preventable hospital stays	59	52	50
Diabetic screening	73%	89%	81%
Mammography screening	67%	74%	61%
Social & Economic Factors	10		
High school graduation	70%	92%	80%
Some college	40%	68%	61%
Unemployment	6.6%	5.3%	8.0%
Children in poverty	19%	11%	16%
Inadequate social support	26%	14%	17%
Children in single-parent households	27%	20%	23%
Homicide rate		1	3
Physical Environment	6		
Air pollution-particulate matter days	4	0	10
Air pollution-ozone days	0	0	2
Access to healthy foods	33%	92%	52%
Access to recreational facilities	5	17	10

*90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

	2010	Target Value*	Idaho
Health Outcomes	3		
Mortality	6		
Premature death	7,973	5,405	6,463
Morbidity	3		
Poor or fair health	19%	12%	14%
Poor physical health days	4.0	2.9	3.4
Poor mental health days	3.3	2.8	3.3
Low birthweight	8.0%	5.1%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	24%	15%	18%
Adult obesity	27%	23%	25%
Binge drinking	15%	8%	14%
Motor vehicle crash death rate	33	13	20
Chlamydia rate	323	60	254
Teen birth rate	72	27	40
Clinical Care	11		
Uninsured adults	22%	14%	17%
Primary care provider rate	99	141	99
Preventable hospital stays	68	44	53
Diabetic screening	73%	85%	79%
Hospice use	38%	43%	28%
Social & Economic Factors	3		
High school graduation	73%	91%	81%
College degrees	14%	26%	22%
Unemployment	4%	3%	5%
Children in poverty	18%	14%	16%
Income inequality	43	38	43
Inadequate social support	27%	11%	16%
Single-parent households	8%	5%	8%
Homicide rate		0	3
Physical Environment	26		
Air pollution-particulate matter days	4	0	5
Air pollution-ozone days	0	0	0
Access to healthy foods	33%	60%	36%
Liquor store density	0.5		0.6

2012 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Mortality	Premature death	National Center for Health Statistics	2006-2008
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System	2004-2010
	Poor physical health days	Behavioral Risk Factor Surveillance System	2004-2010
	Poor mental health days	Behavioral Risk Factor Surveillance System	2004-2010
	Low birthweight	National Center for Health Statistics	2002-2008
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2004-2010
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2004-2010
	Motor vehicle crash death rate	National Center for Health Statistics	2002-2008
Sexual Activity	Sexually transmitted infections	National Center for Hepatitis, HIV, STD and TB Prevention	2009
	Teen birth rate	National Center for Health Statistics	2002-2008
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2009
	Primary care physicians	Health Resources & Services Administration	2009
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2009
	Diabetic screening	Medicare/Dartmouth Institute	2009
	Mammography screening	Medicare/Dartmouth Institute	2009
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	National Center for Education Statistics and state-specific sources ¹	2008-2010
	Some college	American Community Survey	2006-2010
Employment	Unemployment	Bureau of Labor Statistics	2010
Income	Children in poverty	Small Area Income and Poverty Estimates	2010
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2006-2010
	Children in single-parent households	American Community Survey	2006-2010
Community Safety	Violent crime rate ²	Federal Bureau of Investigation	2007-2009
PHYSICAL ENVIRONMENT			
Environmental Quality ³	Air pollution-particulate matter days	U.S. Environmental Protection Agency	2007
	Air pollution-ozone days	U.S. Environmental Protection Agency	2007
Built Environment	Access to recreational facilities	Census County Business Patterns	2009
	Limited access to healthy foods ⁴	U.S. Department of Agriculture	2006
	Fast food restaurants	Census County Business Patterns	2009

¹ NCES used for AK, AL, AR, CA, CT, FL, HI, ID, KY, MT, ND, NJ, OK, SD and TN

² State data source for IL.

³ Not available for AK and HI.

⁴ Access to Healthy Foods (2009) from Census Zip Code Business Patterns for AK and HI.