

	2012	National Benchmark*	Idaho
Health Outcomes	1		
Mortality	1		
Premature death	7,474	5,466	6,351
Morbidity	4		
Poor or fair health	14%	10%	14%
Poor physical health days	3.4	2.6	3.5
Poor mental health days	3.3	2.3	3.3
Low birthweight	6.8%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	19%	14%	17%
Adult obesity	26%	25%	27%
Physical inactivity	24%	21%	20%
Excessive drinking	13%	8%	15%
Motor vehicle crash death rate	25	12	19
Sexually transmitted infections	189	84	252
Teen birth rate	52	22	40
Clinical Care	2		
Uninsured	22%	11%	19%
Primary care physicians	1,217:1	631:1	1,036:1
Preventable hospital stays	48	49	45
Diabetic screening	85%	89%	82%
Mammography screening	67%	74%	63%
Social & Economic Factors	13		
High school graduation	76%		81%
Some college	56%	68%	62%
Unemployment	8.4%	5.4%	9.3%
Children in poverty	19%	13%	20%
Inadequate social support	15%	14%	17%
Children in single-parent households	27%	20%	23%
Violent crime rate	284	73	242
Physical Environment	2		
Air pollution-particulate matter days	1	0	10
Air pollution-ozone days	0	0	2
Access to recreational facilities	12	16	10
Limited access to healthy foods	1%	0%	9%
Fast food restaurants	49%	25%	46%

	2011	National Benchmark*	Idaho
Health Outcomes	4		
Mortality	4		
Premature death	7,580	5,564	6,422
Morbidity	4		
Poor or fair health	13%	10%	14%
Poor physical health days	3.3	2.6	3.5
Poor mental health days	3.3	2.3	3.3
Low birthweight	6.7%	6.0%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	21%	15%	18%
Adult obesity	26%	25%	26%
Excessive drinking	14%	8%	15%
Motor vehicle crash death rate	26	12	20
Sexually transmitted infections	307	83	280
Teen birth rate	52	22	40
Clinical Care	4		
Uninsured adults	23%	13%	20%
Primary care physicians	1,217:1	631:1	1,036:1
Preventable hospital stays	50	52	50
Diabetic screening	83%	89%	81%
Mammography screening	71%	74%	61%
Social & Economic Factors	10		
High school graduation	75%	92%	80%
Some college	57%	68%	61%
Unemployment	6.4%	5.3%	8.0%
Children in poverty	19%	11%	16%
Inadequate social support	16%	14%	17%
Children in single-parent households	27%	20%	23%
Homicide rate		1	3
Physical Environment	6		
Air pollution-particulate matter days	1	0	10
Air pollution-ozone days	0	0	2
Access to healthy foods	75%	92%	52%
Access to recreational facilities	9	17	10

*90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

	2010	Target Value*	Idaho
Health Outcomes	3		
Mortality	6		
Premature death	7,410	5,405	6,463
Morbidity	3		
Poor or fair health	13%	12%	14%
Poor physical health days	3.3	2.9	3.4
Poor mental health days	3.2	2.8	3.3
Low birthweight	6.8%	5.1%	6.6%
Health Factors	2		
Health Behaviors	2		
Adult smoking	21%	15%	18%
Adult obesity	27%	23%	25%
Binge drinking	14%	8%	14%
Motor vehicle crash death rate	24	13	20
Chlamydia rate	245	60	254
Teen birth rate	52	27	40
Clinical Care	11		
Uninsured adults	17%	14%	17%
Primary care provider rate	88	141	99
Preventable hospital stays	53	44	53
Diabetic screening	79%	85%	79%
Hospice use	32%	43%	28%
Social & Economic Factors	3		
High school graduation	74%	91%	81%
College degrees	16%	26%	22%
Unemployment	4%	3%	5%
Children in poverty	17%	14%	16%
Income inequality	44	38	43
Inadequate social support	16%	11%	16%
Single-parent households	8%	5%	8%
Homicide rate		0	3
Physical Environment	26		
Air pollution-particulate matter days	2	0	5
Air pollution-ozone days	0	0	0
Access to healthy foods	33%	60%	36%
Liquor store density	0.6		0.6

2012 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Mortality	Premature death	National Center for Health Statistics	2006-2008
Morbidity	Poor or fair health	Behavioral Risk Factor Surveillance System	2004-2010
	Poor physical health days	Behavioral Risk Factor Surveillance System	2004-2010
	Poor mental health days	Behavioral Risk Factor Surveillance System	2004-2010
	Low birthweight	National Center for Health Statistics	2002-2008
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2004-2010
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2009
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2009
Alcohol Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2004-2010
	Motor vehicle crash death rate	National Center for Health Statistics	2002-2008
Sexual Activity	Sexually transmitted infections	National Center for Hepatitis, HIV, STD and TB Prevention	2009
	Teen birth rate	National Center for Health Statistics	2002-2008
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2009
	Primary care physicians	Health Resources & Services Administration	2009
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2009
	Diabetic screening	Medicare/Dartmouth Institute	2009
	Mammography screening	Medicare/Dartmouth Institute	2009
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	National Center for Education Statistics and state-specific sources ¹	2008-2010
	Some college	American Community Survey	2006-2010
Employment	Unemployment	Bureau of Labor Statistics	2010
Income	Children in poverty	Small Area Income and Poverty Estimates	2010
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2006-2010
	Children in single-parent households	American Community Survey	2006-2010
Community Safety	Violent crime rate ²	Federal Bureau of Investigation	2007-2009
PHYSICAL ENVIRONMENT			
Environmental Quality ³	Air pollution-particulate matter days	U.S. Environmental Protection Agency	2007
	Air pollution-ozone days	U.S. Environmental Protection Agency	2007
Built Environment	Access to recreational facilities	Census County Business Patterns	2009
	Limited access to healthy foods ⁴	U.S. Department of Agriculture	2006
	Fast food restaurants	Census County Business Patterns	2009

¹ NCES used for AK, AL, AR, CA, CT, FL, HI, ID, KY, MT, ND, NJ, OK, SD and TN

² State data source for IL.

³ Not available for AK and HI.

⁴ Access to Healthy Foods (2009) from Census Zip Code Business Patterns for AK and HI.