



1020 Washington St. N, Twin Falls, Idaho
208-737-5900 www.phd5.idaho.gov

February 11, 2010

NEWS RELEASE – For Immediate Release

Contact: Amy Lierman, Public Information Officer, 737-5978

Public Health District Calls For “Health Heroes” Nominations

TWIN FALLS-South Central Public Health District (SCPHD) is calling for nominations for the annual Health Heroes recognition. Through this annual event, SCPHD seeks individuals or groups that worked to prevent disease, disability, and premature death; promote healthy lifestyle, and protect the health and environment of southern Idaho citizens during calendar year 2009. Award winners will be honored during Public Health Week, April 5-11. Nominations are due by Monday, March 8.

Nominees must be residents of or do business in Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, or Twin Falls counties. Examples of activities for which individuals or groups may be nominated include, but are not limited to, the following categories.

- Promoting a healthy lifestyle through various activities
- Donating time and talents to help the health of others
- Organizing exercise programs
- Promoting good nutrition
- Preparing their community for a disaster or an emergency
- Disease education and prevention
- Decreasing the incidence of workplace injuries
- Working on clean indoor air / water issues
- Building youth assets

- Keeping children safe and healthy

Nominations are being accepted in adult, youth, and corporate categories. The “Adult Hero” award will honor an adult individual or group in the community who has made a long-term commitment to improve the health of citizens in south central Idaho. Nominees may work in any field and do not have to be a part of an organization that works in health care. The “Youth Hero” award recognizes a youth (18 years or younger) or a youth group in southern Idaho who has worked to improve the health of their community. The “Corporate Hero” award recognizes a business or organization that worked to educate the public about healthy living in 2009.

Nominations must include the nominee’s name, age, gender, address, and phone number as well as the name, address and phone number of the person who is submitting the nomination. Nominations must also include a brief description about why the nominee deserves to be recognized with the Health Heroes Award. Nominations forms are available at all South Central Public Health District offices and at www.phd5.idaho.gov

Bellevue	117 East Ash Street	788-4335
Burley	2311 Parke Avenue, Unit 4	678-8221
Gooding	145 7 th Avenue East	934-4477
Jerome	951 East Avenue H	324-8838
Rupert	1218 9 th Street, Suite 15	436-7185
Twin Falls	1020 Washington St. North	737-5900

This is the twelfth year South Central Public Health District has recognized the outstanding contributions to public health made by area individuals and / or groups. Past winners have represented a broad cross section of people who have influenced health issues in the eight county regions.

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2010 HEALTH HEROES

Nomination for an individual or group who worked to protect, promote, and enhance the health of southern Idaho citizens during calendar year 2009.

NOMINEE: _____ Age: _____

Male: _____ Female: _____ Group: _____ Phone Number: _____

Address: _____

City, State, Zip: _____

NAME OF PERSON SUBMITTING NOMINEE'S NAME: _____

Address: _____

City, State, Zip: _____

Phone Number: _____ email: _____

ACTIVITY DESCRIPTION:

Please provide a brief description of the activity that you think qualifies the nominee for the 2010 Health Heroes Award. This activity should have been performed or begun in calendar year 2009:

(IF NEEDED, USE REVERSE SIDE FOR ADDITIONAL INFORMATION)

PLEASE RETURN THIS FORM BY MONDAY, MARCH 8, 2010 TO:

South Central Public Health District
Attn: Amy Lierman
1020 Washington Street North
Twin Falls, ID 83301

FORMS ALSO MAY BE DROPPED OFF AT ANY LOCAL SOUTH CENTRAL PUBLIC HEALTH DISTRICT OFFICE.

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*For more information, call South Central Public Health District:
737-5900 or 737-5978.*