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October 22, 2010

**PRESS RELEASE – For Immediate Release**

Contact: Susie Beem, Diabetes Program Coordinator 737-5946

**Free Foot and Eye Screenings for People With Diabetes**

TWIN FALLS-The Magic Valley Diabetes Coalition is offering special “Head to Toe” clinics in some communities for people with diabetes. Eye screenings, foot exams, dental screenings, blood pressure, hemoglobin a1c tests, hearing tests, and nutrition education will be offered free of charge to people with diabetes.

These “Head to Toe” clinics will take place:

- **In Jerome on November 2, 3-7 p.m., 5<sup>th</sup> Avenue Clinic located at 115 5<sup>th</sup> Avenue West. Please call 324-5286 ext. 3345 to schedule an appointment.**
- **In Twin Falls on November 5, 9 a.m.-3 p.m., South Central Public Health located at 1020 Washington Street North (college campus). Please call 737-5946 to schedule an appointment.**
- **In Burley on November 16, 10 a.m.-3 p.m., South Central Public Health located at 2311 Parke Avenue, Unit 4, Suite 4. Please call 737-5946 to schedule an appointment.**
- **In Shoshone on November 18, 9 a.m.-12 p.m. at Southern Idaho Diabetes Education at Shoshone Family Medical Center located at 113 South Apple. Please call 944-4747 to schedule an appointment.**
- **In Gooding on November 19, 8:30 a.m.-1 p.m., North Canyon Medical Center Specialty Clinic located at 267 North Canyon Drive. Please call 934-9886 to schedule an appointment.**
- **In Buhl on November 23, 10 a.m.-1 p.m., Family Health Services located at 725 Fair Street. Please call 737-5946 to schedule an appointment.**

Appointments must be made for the clinics. These clinics are open to people with diabetes who are newly diagnosed, have no insurance, have insurance with a high deductible, or those who have never received any of the offered services.

The Centers for Disease Control and Prevention and the Idaho Diabetes Prevention and Control Program recommend that people with diabetes receive a dilated eye screening, a neurosensory foot examination, and a hemoglobin a1c test at least once a year.

Please take this opportunity to receive a free eye and foot screening, along with the hemoglobin a1c test and other services. If you have any questions about diabetes, contact Susie Beem at South Central Public Health District at 737-5946.

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