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1020 Washington St. N, Twin Falls, Idaho  
208-737-5900 [www.phd5.idaho.gov](http://www.phd5.idaho.gov)

February 11, 2011

**NEWS RELEASE – For Immediate Release**

Contact: Amy Lierman, Public Information Officer, 737-5978

**Public Health District Calls For “Health Heroes” Nominations**

TWIN FALLS-South Central Public Health District (SCPHD) is calling for nominations for the annual Health Heroes recognition. Through this annual event, SCPHD seeks individuals or groups that worked to prevent disease, disability, and premature death; promote healthy lifestyle, and protect the health and environment of southern Idaho citizens during calendar year 2010. Award winners will be honored during Public Health Week, April 4-10. Nominations are due by Monday, March 7.

Nominees must be residents of or do business in Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, or Twin Falls counties. Examples of activities for which individuals or groups may be nominated include, but are not limited to, the following categories:

- Promoting a healthy lifestyle through various activities
- Donating time and talents to help the health of others
- Organizing exercise programs
- Promoting good nutrition
- Preparing their community for a disaster or an emergency
- Disease education and prevention
- Decreasing the incidence of workplace injuries
- Working on clean indoor air / water issues
- Building youth assets

- Keeping children safe and healthy

Nominations are being accepted in adult, youth, and corporate categories. The “Adult Hero” award will honor an adult individual or group in the community who has made a long-term commitment to improve the health of citizens in south central Idaho. Nominees may work in any field and do not have to be a part of an organization that works in health care. The “Youth Hero” award recognizes a youth (18 years or younger) or a youth group in southern Idaho who has worked to improve the health of their community. The “Corporate Hero” award recognizes a business or organization that worked to educate the public about healthy living in 2010.

Nominations must include the nominee’s name, age, gender, address, and phone number as well as the name, address, and phone number of the person who is submitting the nomination. Nominations must also include a brief description about why the nominee deserves to be recognized with the Health Heroes Award. Nomination forms are attached or available at all SCPHD offices:

Bellevue	117 East Ash Street	788-4335
Burley	2311 Parke Avenue, Unit 4	678-8221
Gooding	255 North Canyon Dr.	934-4477
Jerome	951 East Avenue H	324-8838
Rupert	1218 9 <sup>th</sup> Street, Suite 15	436-7185
Twin Falls	1020 Washington St. North	737-5900

This is the thirteenth year SCPHD has recognized the outstanding contributions to public health made by area individuals and / or groups. Past winners have represented a broad cross section of people who have influenced health issues in the eight county regions.

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***2011 HEALTH HEROES***

Nomination for an individual or group who worked to protect, promote, and enhance the health of southern Idaho citizens during calendar year 2010.

***NOMINEE:*** \_\_\_\_\_ *Age:* \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ Group: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

***NAME OF PERSON SUBMITTING NOMINEE'S NAME:*** \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ email: \_\_\_\_\_

**ACTIVITY DESCRIPTION:**

Please provide a brief description of the activity that you think qualifies the nominee for the 2011 Health Heroes Award. This activity should have been performed or begun in calendar year 2010:

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(IF NEEDED, USE REVERSE SIDE FOR ADDITIONAL INFORMATION)

**PLEASE RETURN THIS FORM BY MONDAY, MARCH 7, 2011, TO:**

South Central Public Health District  
Attn: Amy Lierman  
1020 Washington Street North  
Twin Falls, ID 83301

Forms also may be dropped off at any local South Central Public Health District office.

Bellevue	117 East Ash St.	788-4335
Burley	2311 Parke Ave., Unit 4	678-8221
Gooding	255 North Canyon Dr.	934-4477
Jerome	951 East Avenue H	324-8838
Rupert	1218 9 <sup>th</sup> St., Ste. 15	436-7185
Twin Falls	1020 Washington St. N.	734-5900

**For more information, call South Central Public Health District:**

**737-5900 or 737-5978.**

## 2010 Health Heroes

South Central Public Health District Salutes

# HEALTH HEROES

**Lande Lambert** (*left*)

for his work with the South Central Idaho Asthma Coalition, providing asthma education and awareness to the residents of south central Idaho.

**Caryn Crawford** (*center*)

for her work ensuring quality care and providing an environment that promotes meaningful experiences and deinstitutionalized care of senior citizens.

**The Region IV Superintendents' Association**  
represented by **Wiley Dobbs**,

Twin Falls School District Superintendent, (*right*)  
for their unwavering support during the 2009 H1N1 School Located Vaccination Clinics.



South Central Public Health District  
Prevent. Promote. Protect.

