



1020 Washington St. N, Twin Falls, Idaho
208-737-5900 www.phd5.idaho.gov

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Contact: Elvia Caldera, Health Education Specialist/Injury Prevention Coordinator, 737-5988

Fall Free Seniors Fun Walk

TWIN FALLS- On September 17, 2011, South Central Public Health District (SCPHD) hosted a Fall Free Seniors Fun Walk in conjunction with the National Fall Prevention Awareness Week.

The fun walk was a great success. A total of 81 participants from throughout south central Idaho walked the one-mile course. Although individuals aged 60 and over were especially encouraged to participate, walkers ranged from two—91 years of age. The weather was very cooperative, and it was a lovely day to have a fun walk.

One walker, Violet Eaton, celebrated her 60th birthday on the day of the event. A four generation family participated in support of 91 year old Frances Egbert. He was accompanied by one of his children, a few grandchildren and several great-grand children. There were a couple of children that accompanied their parents in the walk. The fun walk was definitely a family affair, and that made it fun.

Following are some photos from the event:



Far left is Frances Egbert and behind him is his family



Walkers (left to right): Valerie Billings, Gerri Alexander, Ofelia Martinez, and Ana Thueson



Left to Right: Jan Mittleider, Violet Eaton (who turned 60 on the day of the event).



Front Row: Janet Houfburg; Second Row (left to right): Galen Slatter, Karen Gorney, and Iva Mae Fitzpatrick; Third Row (left to right); Janet Coonts and Wanda Knauf

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