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## PRESS RELEASE - For Immediate Release

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## <u>Take the Test, Take Control!</u> **South Central Public Health District Offering FREE HIV Rapid Tests**

TWIN FALLS- In celebration of National HIV Testing Day, South Central Public Health District is offering **free**, confidential HIV testing (by appointment only) on Wednesday, June 27, from 8 a.m. to 5 p.m. at the Twin Falls office. Results will be available about 15 minutes after testing. To make an appointment, call 737-5966.

The Centers for Disease Control and Prevention (CDC) estimates that one in five people living with HIV today are unaware that they are HIV positive. The CDC recommends that people from age 13 through age 64 include an HIV test in their annual physical exams.

HIV is passed through contact with the blood, semen, vaginal fluids, or breast milk of an infected person. People may be HIV positive and not be aware of their status. Only HIV testing can confirm your status. Early detection can prevent a person from transmitting the virus to others.

Take the Test, Take Control. For more information, call Logan Hudson, Public Health Nurse, at 737-5929 or visit www.phd5.idaho.gov.