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**PRESS RELEASE – For Immediate Release**

Contact: Elvia Caldera, Diabetes Program Coordinator 737-5988

**Free Foot and Eye Screenings for People With Diabetes**

TWIN FALLS-The Magic Valley Diabetes Coalition is offering special “Head to Toe” clinics for people with diabetes. Eye screenings, foot exams, blood pressure, hemoglobin A1C tests, dental screenings, and nutrition education will be offered free of charge to people with diabetes. Services provided will vary at each location.

These “Head to Toe” clinics will take place:

- **In Twin Falls at South Central Public Health District (located at 1020 Washington Street North) on October 26 at 12:30-4:30 p.m. Please call 737-5988 to schedule an appointment.**
- **In Shoshone at Shoshone Family Medical Center (located at 113 S. Apple) on November 15 at 9 a.m.-Noon. Please call 944-4747 to schedule an appointment.**
- **In Gooding at North Canyon Medical Center (located at 267 N. Canyon Dr.) on November 16 at 8:30 a.m.-Noon. Please call 934-9886 for an appointment.**

Appointments must be made for the clinics. These clinics are open to people with diabetes that are newly diagnosed, have no insurance, have insurance with a high deductible, or those who have never received any of the offered services.

The Centers for Disease Control and Prevention and the Idaho Diabetes Prevention and Control Program recommend that people with diabetes receive a dilated eye screening, a neurosensory foot examination, and a hemoglobin a1c test at least once a year.

Please take this opportunity to receive a free eye and foot screening, along with the hemoglobin A1C test and other services. If you need any information about diabetes, contact Elvia Caldera at South Central Public Health District at 737-5988.

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