

FOR IMMEDIATE RELEASE

September 8, 2016

South Central Public Health District Calls for “Health Heroes” Nominations

Twin Falls, ID – South Central Public Health District (SCPHD) is accepting nominations for “Health Heroes 2016.” Health Heroes are individuals, groups, and businesses that have made a positive impact on the health of residents of south central Idaho. The Health Heroes Award was created to recognize the efforts of youth, adults, groups, and businesses in terms of improving the health of residents of south central Idaho.

This year, there are four nomination categories: youth, adult, corporate, and behavioral health. SCPHD added the behavioral health category to bring attention to the importance of understanding and addressing behavioral health issues within our region.

The nomination must include a brief description explaining why the nominee deserves the **Health Heroes Award**. Examples of qualifying activities include, but are not limited to the following:

- promoting a healthy lifestyle through activities at schools, churches, and places of work
- activities that help reduce suicides
- promoting physical activity
- activities that reduce obesity
- preparing a community for a disaster
- decreasing workplace injuries
- promoting policies that led to healthy outcomes

The nomination form is available online at <http://phd5.idaho.gov/2016healthheroes> or at one of our five offices. Visit <https://phd5.idaho.gov/Offices/Index.htm> for a list of office locations

Nominations are due by **Monday, November 1, 2016**. Health Hero award winners will be honored on **November 16, 2016**.

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