

### 1. Placenta Abruption

This condition is where the placenta pulls off the wall of the uterus either before or during labor resulting in an immediate delivery, usually by cesarean section. A smoker's placenta is thinner, making it more susceptible to an abruption.

### 2. Placenta Previa

Again, because of the smoker's thin placenta, it is more likely to cover the mouth of the uterus (the cervix). This can cause bleeding during the pregnancy. A cesarean might become necessary due to the risk of hemorrhage of mom and baby.

### 3. Sudden Infant Death Syndrome (SIDS)

Babies born to mothers who smoke are more likely to die from SIDS.

### 4. Preterm Labor

If you smoke, your body is more likely to try to end your pregnancy sooner by placing you in premature labor in an effort to protect your baby from the harmful side effects of smoking.

### 5. Stillbirth

Smoking during pregnancy increases the risk of your baby dying during your pregnancy.

### 6. Low Birth Weight

Birth weight is an important factor in your baby's health. The smaller the baby, the more risk for many problems. In fact, low birth weight is one of the top reasons for babies to be ill and die in the first months of life.

### 7. Colic

Recent studies show that if you smoke your baby is more likely to have colic.

### 8. Respiratory Infections

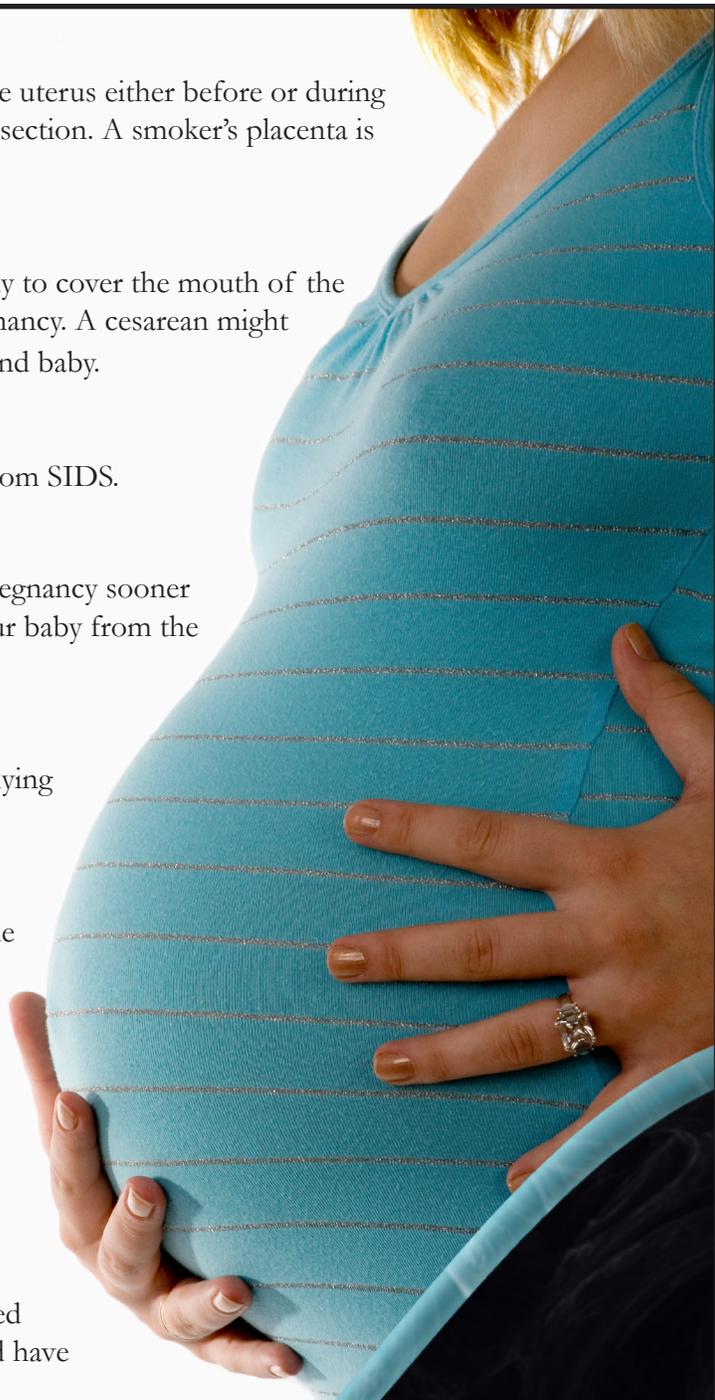
If you smoke during pregnancy or if your baby is surrounded by second-hand smoke, your baby is more likely to be ill and have asthma or other respiratory problems.

### 9. Premature Rupture of Membranes (PROM)

Your water breaking too early is another risk created by smoking in pregnancy. It can also lead to premature birth.

### 10. Miscarriage

If you smoke, you could have trouble staying pregnant. It can also decrease your fertility.



Top 10  
reasons  
to quit  
smoking in  
Pregnancy