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## Coronavirus Variants Identified in Twin Falls County, COVID-19 cases on the rise

**Twin Falls County, Idaho** — South Central Public Health District (SCPHD) received laboratory confirmation of 2 confirmed cases of the COVID-19 CA variant (B.1.429), and 4 confirmed cases of the COVID-19 UK variant (B.1.1.7), discovered in Twin Falls County. This is in addition to the 16 COVID-19 variant cases confirmed in Blaine County and announced on April 2<sup>nd</sup>.

COVID-19 variants are reported to spread more quickly, especially the UK variant. Currently, the CDC reports this strain makes up more than a quarter of the cases across the United States and is the most common COVID-19 strain circulating in the country.

In a press briefing last Wednesday, April 7<sup>th</sup>, the CDC warned this variant is more transmissible among younger people, spreading especially quickly among youth sports groups and in daycare centers.

SCPHD has seen COVID-19 cases reported in this region nearly double since the end of March. 78 cases were reported in the last week of March, from the 21<sup>st</sup> through the 27<sup>th</sup>, compared to 150 cases reported last week, from April 4<sup>th</sup> to 10<sup>th</sup>.

It is crucial residents follow public health recommendations to slow the spread of the virus that causes COVID-19. These recommendations include:

- Getting vaccinated if you are 16 or older.
- Wearing a mask when in public.
- Washing your hands often and avoiding touching your face.
- Staying home when sick except to seek medical attention.
- Maintaining space between yourself and others you don't live with.
- Avoid large gatherings.

Schedule a vaccine appointment through the state register on the SCPHD website: <u>https://www.phd5.idaho.gov/Covid-vaccine/</u>.

SCPHD is running two COVID-19 informational hotlines, one in English at (208) 737-1138, and one in Spanish at (208) 737-5965.