



**Public Health**  
Prevent. Promote. Protect.

**Idaho Public Health Districts**



**South Central Public Health District**

Prevent. Promote. Protect.

**FY-2019 BUDGET PROPOSAL**



SCPHD: 04/2018



[www.phd5.idaho.gov](http://www.phd5.idaho.gov)

## Mission

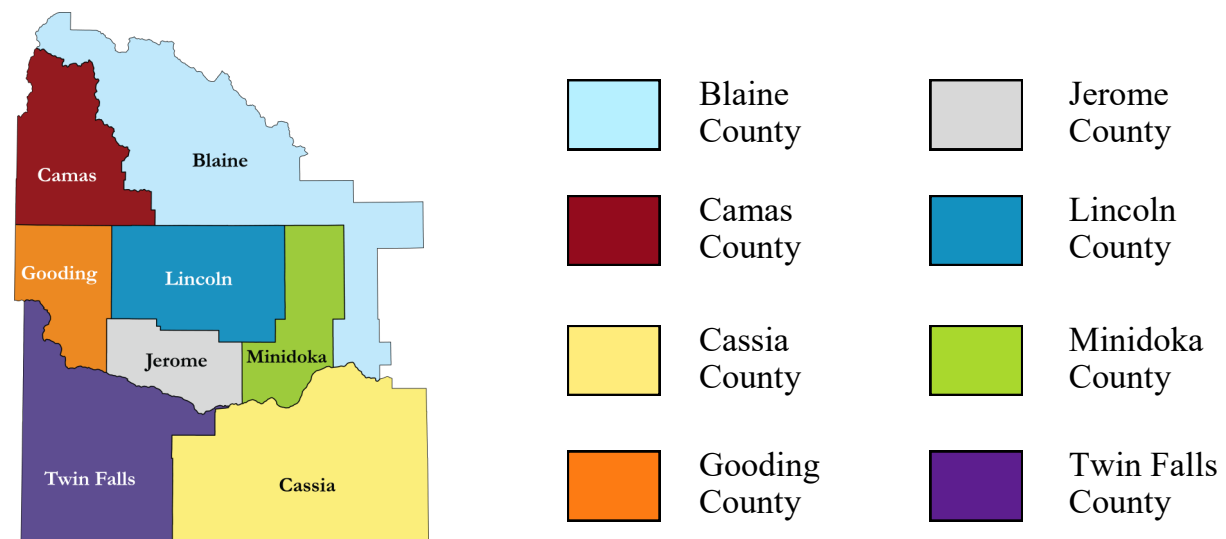
**PREVENT** disease;  
**PROMOTE** healthy lifestyles; and  
**PROTECT** and **PREPARE** the public against health threats.

## Administration

Melody Bowyer, MBA, REHS, CPM	District Health Director
Jeremy St Clair	Financial Specialist, Principal
Bob Moulson, MBA	IT Resource Manager
Eric Myers	Business Operations Specialist
Yvonne Humphrey	Administrative Assistant II
Nancy Andreotti	Administrative Assistant I

## Division Directors

Cheryle Becker, RN	Family and Children’s Health Division Administrator
Craig Paul, MS, REHS, CPSS	Environmental Health and Public Health Preparedness Division Director
Susie Beem, BS, CHES	Community Health Division Director

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Linda F. Montgomery  
Chair  
Jerome County



Charles Ritter  
Vice-Chair  
Lincoln County



Robert Kunau  
Trustee/ Ex Counsel Member  
Cassia County  
(Commissioner)



Angenie McCleary  
Blaine County  
(Commissioner)



Pamela J. Jones, RN  
Camas County



Helen Edwards  
Gooding County  
(Commissioner)



Tracy Haskin  
Minidoka County



Terry Kramer  
Twin Falls County  
(Commissioner)



Peter Curran, MD  
Medical Consultant



Melody Bowyer, MBA, REHS/RS  
District Health Director  
Board Secretary

# SCPHD FY-2019 Budget Proposal

APPROVED  
FY-2018 BUDGET

## ESTIMATED EXPENDITURES

### BY CLASSIFICATION

Personnel costs	\$	4,901,361
Operating expenses		1,429,939
Sub-grantee payments		1,443,000
Capital outlay-- general		224,570
Capital outlay-- building		259,900

<b>TOTAL ESTIMATED EXPENDITURES</b>	<b>\$</b>	<b>8,258,770</b>
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## ESTIMATED INCOME

County funds	\$	1,184,644
State general fund		1,204,400
State millennium fund		91,400
Contracts		4,465,756
Fees/insurance and miscellaneous		1,024,700
Reserve draw		287,870

<b>TOTAL ESTIMATED INCOME</b>	<b>\$</b>	<b>8,258,770</b>
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The Board shall not ignore fiscal reality and is expected to revise the budget should variable-type revenues increase or decrease during the fiscal year.



**Twin Falls (Main Office)**  
1020 Washington St N  
Twin Falls, ID 83301  
(208) 737-5900  
Fax: (208) 734-9502



**Bellevue Office**  
117 East Ash Street  
Bellevue, ID 83313  
(208) 788-4335  
Fax: (208) 788-0098



**Gooding Office**  
255 North Canyon Drive  
Gooding, ID 83330  
(208) 934-4477  
Fax: (208) 934-8558



**Jerome Office**  
951 East Avenue H  
Jerome, ID 83338  
(208) 324-8838  
Fax: (208) 324-9554



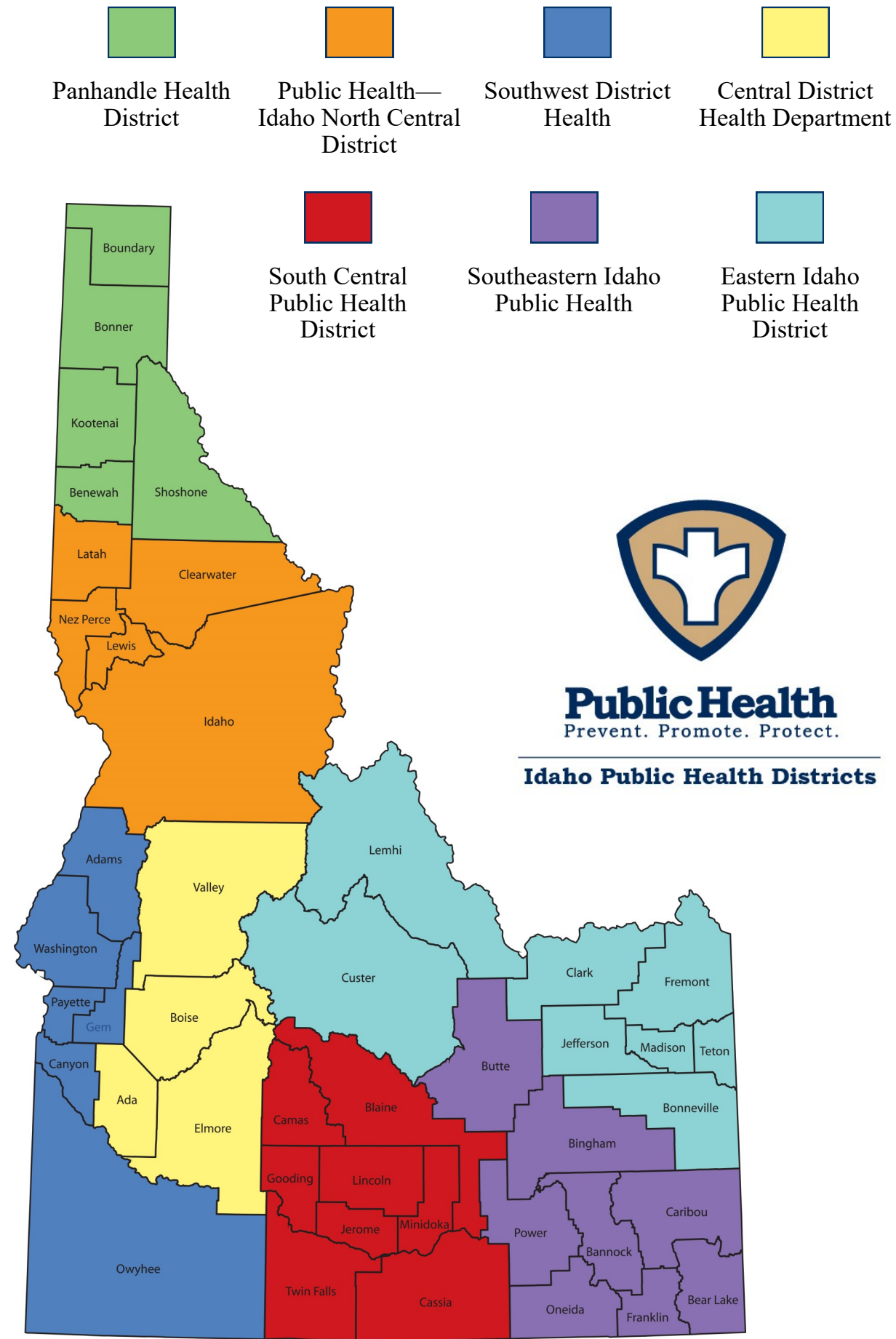
**Mini-Cassia Office**  
485 22nd Street  
Heyburn, ID 83336  
(208) 678-8221  
Fax: (208) 678-7465



**Shoshone Clinic**  
Lincoln County Community Center  
201 South Beverly Street  
Shoshone, ID 83352  
(208) 934-4477

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PROPOSED BUDGET		CHANGE -- FY-2018 PROPOSED TO FY-19 FINAL	
\$	4,853,371	(47,990)	-0.98%
	1,341,129	(88,810)	-6.21%
	1,517,795	74,795	5.18%
	101,721	(122,849)	-54.70%
	65,200	(194,700)	-74.91%
\$	7,879,216	(379,554)	-4.60%
\$	1,220,181	35,494	3.00%
	1,209,400	5,000	0.42%
	91,400	-	0.00%
	4,400,065	(65,648)	-1.47%
	958,170	(66,530)	-6.49%
	-	(287,870)	-100.00%
\$	7,879,216	(379,554)	-4.60%

# County Contribution: FY-2019 with 3% Increase

FY-2019 AMOUNTS WITH ?% INCREASE	BLAINE	CAMAS	CASSIA
EST. POPULATION+ PROPORTION	22,024 0.1120	1,102 0.0056	23,664 0.1203
MARKET VALUE++ PROPORTION	9,445,929,066 0.4591	130,797,627 0.0064	1,442,845,425 0.0701
70% POPULATION 30% VALUATION	95,629 168,069	4,785 2,327	102,750 25,672
COUNTY TOTALS	263,697	7,112	128,422

## FY-2018 County Totals

COUNTY TOTALS	262,037	6,886	125,849
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## FY-2019 Increase/Decrease

COUNTY TOTALS	1,660	226	2,573
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+ U.S. Census Bureau  
++ State of Idaho Tax Commission

## County Health Rankings & Roadmaps Building a Culture of Health, County by County

	Idaho	Blaine	Camas	Cassia	Gooding	Jerome	Lincoln	Minidoka	Twin Falls
<b>Length of Life</b>									
Premature age-adjusted mortality	307	201	NR	390	405	367	274	320	350
Infant mortality	5	NR	NR	7	NR	10	NR	NR	4
Child mortality	49.7	NR	NR	75.8	105.7	123.8	NR	55.4	40.9
<b>Quality of Life</b>									
Frequent physical distress	11%	10%	13%	11%	12%	12%	13%	12%	11%
Frequent mental distress	11%	11%	13%	12%	12%	12%	12%	12%	12%
Diabetes	9%	6%	10%	9%	10%	8%	8%	11%	9%
HIV prevalence	79	23	NR	NR	82	34	NR	NR	35
<b>Health Behaviors</b>									
Food insecurity	14%	10%	15%	10%	11%	10%	10%	9%	13%
Limited access to healthy foods	7%	8%	55%	12%	1%	12%	45%	8%	3%
Drug overdose deaths	14	NR	NR	NR	NR	NR	NR	NR	16
Drug overdose deaths-modeled	15.2	5.0	5.0	5.0	7.0	6.0	6.0	9.0	7.0
Motor vehicle crash deaths	13	9	NR	26	25	21	33	23	18
Insufficient sleep	29%	26%	29%	29%	31%	31%	31%	29%	28%
<b>Clinical Care</b>									
Uninsured adults	16%	19%	25%	24%	28%	27%	24%	25%	19%
Uninsured children	6%	11%	15%	9%	9%	10%	10%	8%	7%
Health care costs	\$8,411	\$7,583	\$8,383	\$8,608	\$10,703	\$9,605	\$8,889	\$7,449	\$9,016
Other primary care providers	1080:1	2421:1	1072:1	1567:1	1380:1	3285:1	1318:1	4123:1	1031:1
<b>Social &amp; Economic Factors</b>									
Median household income	\$51,674	\$66,210	\$49,153	\$48,983	\$46,948	\$48,590	\$47,754	\$48,903	\$49,415
Children eligible for free lunch	47%	41%	46%	52%	64%	67%	70%	99%	54%
Residential segregation– black/white	70	NR	NR	NR	NR	NR	NR	NR	72
Residential segregation– non white/white	30	19	NR	23	8	33	NR	22	24
Homicides	2	NR	NR	NR	NR	NR	NR	NR	2
<b>Physical Environment</b>									
<b>Demographics</b>									
Population	1,683,140	21,791	1,072	23,504	15,185	22,994	5,271	20,616	83,514
% below 18 years of age	26%	22.9%	23.1%	32.2%	27.5%	31.2%	30.4%	28.7%	27.8%
% 65 and older	15.1%	17.9%	21.3%	14.0%	16.7%	12.4%	13.5%	15.9%	15.1%
% Non-Hispanic African American	0.7%	0.2%	0.3%	0.2%	0.2%	0.3%	0.4%	0.3%	0.6%
% American Indian and Alaskan Native	1.8%	1.7%	1.5%	1.6%	2.0%	2.3%	1.6%	2.3%	1.3%
% Asian	1.5%	1.0%	0.5%	0.8%	0.8%	0.5%	0.5%	0.6%	1.5%
% Native Hawaiian/Other Pacific Islander	0.2%	0.1%	0.1%	0.2%	0.3%	0.2%	0.2%	0.0%	0.2%
% Hispanic	12.3%	21.7%	7.8%	27.4%	29.3%	34.3%	30.1%	34.8%	15.9%
% Non-Hispanic white	82.4%	75.9%	86.4%	69.9%	67.7%	63.4%	67.2%	62.5%	79.9%
% not proficient in English	2.1%	5.4%	1.6%	7.0%	8.8%	11.5%	8.9%	9.2%	3.2%
% Females	49.9%	49.4%	48.6%	49.1%	48.7%	49.3%	48.7%	49.6%	50.6%
% Rural	29.4%	32.8%	100.0%	51.5%	58.1%	51.3%	100.0%	44.2%	28.0%



County Health Rankings & Roadmaps  
Building a Culture of Health, County by County

	Idaho	Blaine	Camas	Cassia	Gooding	Jerome	Lincoln	Minidoka	Twin Falls
Health Outcomes									
Length of Life									
Premature death	6290	4809	NR	7909	8802	8114	7402	6804	6701
Quality of Life									
Poor or fair health	15%	14%	18%	18%	19%	18%	19%	20%	16%
Poor physical health days	3.7	3.3	4.1	3.7	4.0	4.0	4.1	4.0	3.7
Poor mental health days	3.7	3.4	4.1	3.8	4.0	3.8	3.9	3.9	3.7
Low birth weight	7%	7%	NR	7%	7%	8%	7%	9%	7%
Health Factors									
Health Behaviors									
Adult smoking	14%	12%	16%	14%	16%	16%	17%	14%	16%
Adult obesity	29%	18%	26%	35%	33%	35%	30%	36%	31%
Food environment index	7.1	8.2	2.9	7.8	8.7	7.9	4.8	8.4	8.2
Physical inactivity	20%	13%	22%	23%	24%	25%	21%	24%	24%
Access to exercise opportunities	80%	79%	6%	66%	76%	73%	20%	68%	81%
Excessive drinking	17%	19%	15%	15%	16%	17%	15%	15%	16%
Alcohol-impaired driving deaths	32%	17%	0	14%	26%	24%	36%	6%	33%
Sexually transmitted infections	345	177	NR	263	305	342	282	325	393
Teen births	26	16	NR	43	41	53	36	48	37
Clinical Care									
Uninsured	13%	17%	22%	18%	22%	21%	19%	19%	15%
Primary care physicians	1555:1	939:1	1066:0	1469:1	3057:1	2535:1	5267:1	3410:1	1350:1
Dentists	1541:1	1090:1	1072:0	1383:1	5062:1	3285:1	5271:1	2945:1	1326:1
Mental health providers	523:1	703:1	NR	940:1	799:1	5749:1	5271:1	4123:1	405:1
Preventable hospital stays	32	15	NR	50	50	32	32	34	32
Diabetic monitoring	82%	83%	NR	74%	76%	81%	85%	79%	83%
Mammography screening	58%	66.1%	NR	50.0%	52.1%	48.8%	50.0%	57.4%	59.6%
Social & Economic Factors									
High school graduation	79%	88%	NR	84%	68%	82%	NR	68%	82%
Some college	64.5%	60.4%	49.7%	53.5%	42.3%	43.5%	37.2%	48.1%	59.8%
Unemployment	3.8%	3.2%	3.8%	3.0%	6.4%	6.4%	4.5%	3.3%	3.4%
Children in poverty	17%	13%	14%	18%	20%	22%	19%	21%	18%
Income inequality	4.2	4.5	3.9	3.8	3.8	3.7	3.5	3.5	4.0
Children in single-parent households	25%	38%	43%	24%	23%	20%	14%	32%	24%
Social associations	7.4	13.9	28.1	6.8	7.9	7.0	5.7	5.9	10.0
Violent crime	212	201	31	189	170	244	270	136	247
Injury deaths	71	73	NR	102	90	84	94	86	91
Physical Environment									
Air pollution - particulate matter	7.2	6.5	5.9	6.9	7.5	7.6	6.7	7.3	7.4
Drinking water violations		Yes	No	Yes	No	Yes	No	Yes	Yes
Severe housing problems	16%	18%	22%	13%	19%	17%	16%	12%	15%
Driving alone to work	78%	76%	77%	79%	80%	81%	70%	85%	82%
Long commute - driving alone	22%	23%	52%	17%	26%	16%	49%	15%	14%

GOODING	JEROME	LINCOLN	MINIDOKA	TWIN FALLS	TOTAL
15,124	23,627	5,318	20,729	85,124	196,712
0.0769	0.1201	0.0270	0.1054	0.4327	1.0000
1,076,686,284	1,340,341,635	359,948,727	1,333,670,955	5,443,064,573	20,573,284,292
0.0523	0.0651	0.0175	0.0648	0.2646	1.0000
65,669	102,589	23,091	90,006	369,610	854,127
19,157	23,848	6,404	23,730	96,847	366,054
84,826	126,437	29,495	113,735	466,457	1,220,181

83,273	122,097	28,589	110,663	445,248	1,184,642
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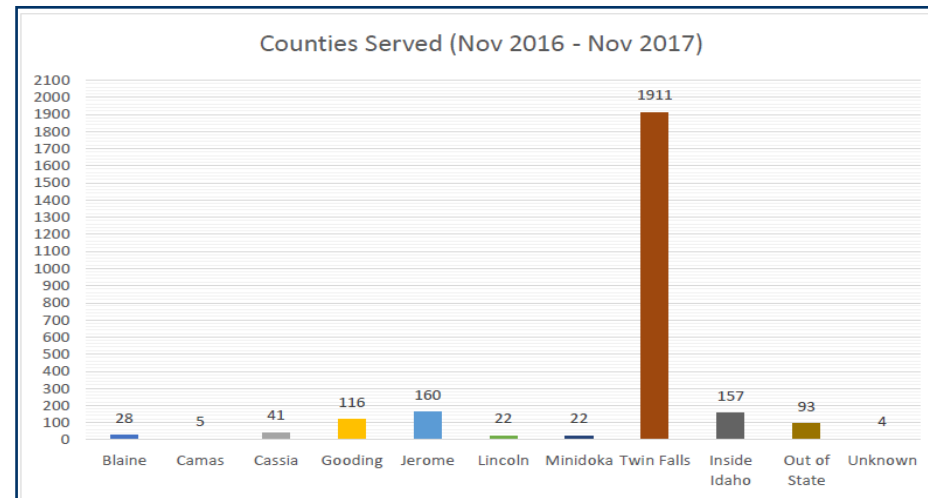
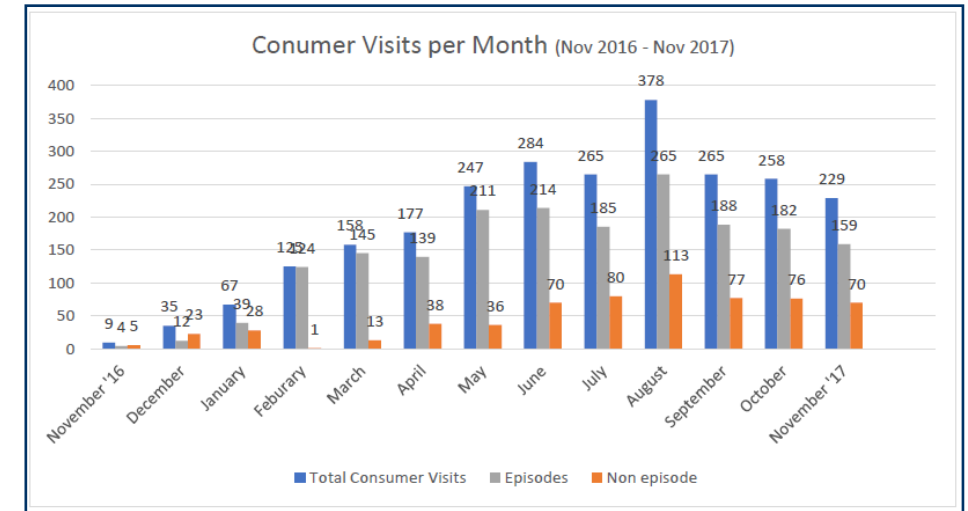
1,553	4,340	906	3,072	21,209	35,539
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## Summary of Expenditures and Revenues by PCA FY-2018

		Salary	Fringe	Operating	Expenses Capital Outlay	SubGrantee	Total Exp
<b>Administration and General Support</b>							
11100	Admin	93,889.54	32,979.99	8,400.00	-	-	135,269.52
11200	Board	6,750.00	668.49	8,020.00	-	-	15,438.49
11999	Admin Misc.	-	-	2,360.00	-	-	2,360.00
12000	Gen Support	450,183.45	215,808.29	50,190.00	101,720.84	-	817,902.58
12010	IT Operating/Repair/Maintenance	-	-	157,000.00	-	-	157,000.00
12011	IT Allocated Computer Costs	-	-	30,000.00	-	-	30,000.00
12020	Auto Fleet Costs	-	-	(45,440.00)	-	-	(45,440.00)
12030	Allocated District Costs	-	-	4,000.00	-	-	4,000.00
12040	Training/Travel Costs - Dist Funded & Carryover	-	-	-	-	-	-
12100	Build Fund Gen	-	-	-	-	-	-
12110	Build Fund Bellevue	-	-	1,000.00	11,300.00	-	12,300.00
12140	Building Fund Gooding	-	-	690.00	6,800.00	-	7,490.00
12150	Build Fund Jerome	-	-	4,260.00	15,800.00	-	20,060.00
12170	Build Fund Mini-Cassia	-	-	750.00	-	-	750.00
12180	Build Fund TF	-	-	28,380.00	30,800.00	-	59,180.00
12210	Maint Bellevue	-	-	26,000.00	-	-	26,000.00
12240	Maint Gooding	-	-	20,320.00	-	-	20,320.00
12250	Maint Jerome	-	-	35,060.00	-	-	35,060.00
12260	Maint Shoshone	-	-	2,000.00	-	-	2,000.00
12270	Maint Mini-Cassia	-	-	43,420.00	-	-	43,420.00
12280	Maint TF	-	-	96,100.00	-	-	96,100.00
12600	Community Relations	22,229.89	5,246.85	29,227.00	-	-	45,703.74
12850	Vital Statistics	1,583.41	957.07	254.00	-	-	2,749.48
12999	General Support Misc.	-	-	3,330.00	-	-	3,330.00
<b>GSP Division Totals</b>		<b>563,635.28</b>	<b>255,660.69</b>	<b>505,321.00</b>	<b>166,420.84</b>	<b>-</b>	<b>1,491,038.80</b>
<b>Family, Children's Health</b>							
13100	FCH IT	34,264.93	17,312.88	(51,850.00)	-	-	(2.19)
13210	Adult Services	-	-	50.00	-	-	50.00
13220	School Health	11,579.48	5,023.94	3,115.00	-	-	19,718.43
13225	Lead Screening	3,419.33	1,598.80	3,377.00	-	-	8,395.12
13230	AIDS	5,908.38	2,392.14	2,816.00	-	-	11,116.52
13231	HIV Surveillance	2,224.23	897.30	378.00	-	-	3,499.53
13236	STD	4,794.60	1,955.34	6,958.00	-	-	13,707.93
13245	RMA Refugee	30,729.25	14,721.29	14,933.00	-	-	60,383.54
13250	Child Health	-	-	30.00	-	-	30.00
13255	Early Headstart	29,034.25	12,522.13	5,174.00	-	-	46,730.74
13265	Nurse Home Visitation	158,542.03	72,193.94	32,862.00	-	-	263,597.97
13266	District Nurse Home Visit	40,850.49	18,182.29	7,283.00	-	-	66,315.79
13390	Imm-VFC	212,588.61	105,464.68	92,427.00	-	-	410,480.30
13392	Imm-DP Adult	161,725.24	79,872.73	300,934.00	-	-	542,531.97
13394	Imm Provider Assessment	17,322.23	7,173.76	4,015.00	-	-	28,510.99
13395	Imm Follow-up	6,511.02	2,542.52	559.00	-	-	9,612.54
13396	Prenatal HepB	1,032.82	409.85	73.00	-	-	1,515.67
13400	Epi	42,961.41	18,167.89	6,723.00	-	-	67,852.30
13405	Comm Dis	14,318.79	5,960.43	3,002.00	-	-	23,281.22
13410	NEDSS Capacity	10,751.52	9,736.51	1,800.00	-	-	19,288.04
13415	Biosense	7,624.72	2,876.79	2,271.00	-	-	12,772.51
13450	TB	35,721.55	14,477.72	12,079.00	-	-	62,278.27
13500	SHIP	58,374.72	26,736.87	12,086.00	-	-	97,197.59
13670	BCC	30,711.95	13,916.37	17,066.00	-	-	61,694.32
13820	Epi Surveillance	78,480.45	31,074.62	6,541.00	-	-	116,096.07
13999	FCH Misc	1,145.98	493.21	114.00	-	-	1,753.18
<b>FCH Division Totals</b>		<b>1,000,618.34</b>	<b>462,704.01</b>	<b>485,086.00</b>	<b>-</b>	<b>-</b>	<b>1,948,408.35</b>

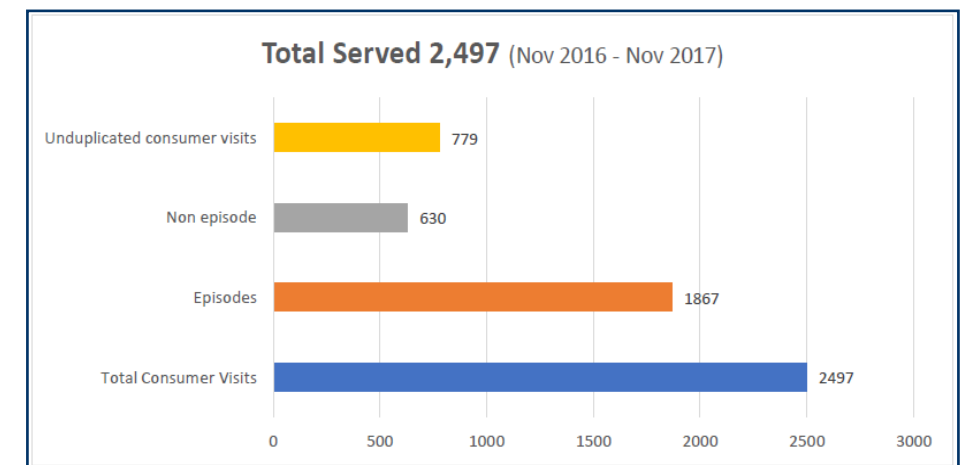
## Crisis Center of South Central Idaho

Over the last year the Crisis Center has strived to create a warm, safe, place for individuals who are experiencing a mental health or substance abuse crisis to access help. Below are some graphs showing the number of visits, and the Counties served during the year.



Every county in Region 5 has been served by the Crisis Center. Due to the location most clients served are from Twin Falls County.

779 of those served were unduplicated.





# Regional Behavioral Health Board

SCPHD has a contract with the State of Idaho to support the South Central Behavioral Health Board (SCBHB) with administrative duties. Salaries and other administrative fees used to give that support are calculated and deducted from the contract monthly. At the end of FY-2016 the sum of \$5,792.31 was awarded to SCBHB as “Free Funds” in accordance to policy.

The Free Fund amount at the end of contract year 2017 was \$34,002.91, giving SCBHB a substantial amount of money to use to fund mini-grants.

With that in mind, SCBHB has worked diligently over the last few months to updated their Gaps & Needs (G&N) Analysis for the State Behavioral Health Planning Council and setting their strategic priorities for the upcoming year. With those priorities established, they are now in the position to accept applications for mini-grants, which will align with the following:

1. Access to Care
  - a. Mobile Care
  - b. Tele-behavioral Health
  - c. Youth Services
  - d. Crisis Services
2. Transportation
  - a. Uber Models
  - b. Voucher Models
  - c. Volunteer Models
3. Public Education and Outreach
  - a. Education to School Personnel (Office Staff, Teachers, Administrators)
  - b. Law Enforcement
  - c. General Public
  - d. Legislators, Law Makers, Commissioners

For more information, or to apply for a mini-grant go to: [www.scbhbidaho.org](http://www.scbhbidaho.org)



## Legend:

White = Administration

Red = Category 1: Mandatory/Statutory

Orange = Category 2: Core Public Health

Yellow = Category 3: Federal Contracts through IDHW/IDEQ

Green = Category 4: Local Board of Health Option

Revenues			Previous Year Comparison				
Contract	Fees/Donations	Total Rev	Indirect	Total Expenditures	Estimate of District Support	Total Exp	Trend
1,20,138.00	30,000.00	1,250,138.00				146,723.59	-
-	-	-				15,684.19	-
-	-	-				7,578.55	-
500.00	20,540.00	21,040.00				684,633.60	+
-	-	-				153,500.00	+
-	-	-				10,000.00	+
-	-	-				(41,300.00)	-
-	-	-				-	+
-	5,900.00	5,900.00				-	-
-	-	-				16,000.00	-
-	-	-				6,000.00	-
-	-	-				31,200.00	-
-	-	-				26,800.00	-
-	-	-				54,100.00	-
-	-	-				1,372,000.00	-
-	-	-				209,450.00	-
-	-	-				25,550.00	+
-	-	-				17,357.00	+
-	-	-				33,100.00	+
-	-	-				3,650.00	-
-	-	-				10,500.00	-
-	-	-				96,569.00	-
-	-	-	5,345.43	51,049.17	51,049.17	69,842.76	-
-	-	-	753.70	3,548.18	548.18	4,635.12	-
-	3,000.00	3,000.00	-	3,330.00	3,330.00	3,850.00	-
-	-	-					
1,220,638.00	59,440.00	1,280,078.00	6,099.13	57,927.35	54,927.35	2,957,423.81	-
-	-	-	-	(2.19)	(2.19)	44.77	-
-	-	-	-	50.00	50.00	-	+
16,500.00	-	16,500.00	5,511.83	25,230.26	8,730.26	29,628.18	-
-	5,000.00	5,000.00	1,627.60	10,022.72	5,022.72	3,237.14	+
21,380.00	-	21,380.00	2,812.39	13,928.91	(7,451.09)	6,959.23	+
4,550.00	-	4,550.00	1,058.73	4,558.26	8.26	5,871.14	-
14,000.00	-	14,000.00	2,282.23	15,990.16	1,990.16	21,615.37	-
70,000.00	5,000.00	75,000.00	14,627.12	75,010.66	10.66	108,346.00	-
-	-	-	-	30.00	30.00	399.62	-
33,660.00	-	33,660.00	13,820.47	60,551.22	26,891.22	36,984.44	+
268,330.00	-	268,330.00	75,466.00	339,063.97	70,733.97	209,864.18	+
-	-	-	19,444.83	85,760.62	85,760.62	10,071.13	+
-	90,000.00	90,000.00	101,192.18	511,672.48	421,672.48	485,534.12	-
-	226,040.00	226,040.00	76,981.22	619,513.18	393,473.18	441,379.91	+
36,750.00	-	36,750.00	8,245.38	36,756.37	6.37	44,535.92	-
9,270.00	-	9,270.00	3,099.24	12,711.78	3,441.78	6,277.36	+
2,000.00	-	2,000.00	491.62	2,007.29	7.29	953.24	+
62,220.00	-	62,220.00	20,449.63	88,301.93	26,081.93	36,090.33	+
30,000.00	-	30,000.00	6,815.74	30,096.96	96.96	35,278.20	-
20,000.00	-	20,000.00	5,117.73	24,405.76	4,405.76	11,607.78	+
16,353.00	-	16,353.00	3,629.37	16,401.87	48.87	-	+
13,630.00	14,000.00	27,630.00	17,003.46	79,281.73	51,651.73	57,185.42	+
89,000.00	-	89,000.00	27,786.37	124,983.96	35,983.96	212,972.49	-
29,870.00	4,000.00	33,870.00	14,618.89	76,313.20	42,443.20	89,525.55	-
125,330.00	-	125,330.00	37,356.69	153,452.76	28,122.76	105,034.45	+
-	130.00	130.00	545.48	2,298.67	2,168.67	1,314.92	+
862,843.00	344,170.00	1,207,013.00	459,984.22	2,408,392.57	1,201,379.57	1,960,710.90	-

	Expenses					
	Salary	Fringe	Operating	Capital Outlay	SubGrantee	Total Exp
14100 Environmental IT	22,137.25	11,360.15	(33,500.00)	-	-	(2.60)
14210 Nuisance Complaints	921.58	400.34	252.00	-	-	1,573.92
14225 Childcare	39,119.68	18,690.24	11,573.00	-	-	69,382.92
14227 Childcare Complaints	2,032.38	970.62	434.00	-	-	3,436.99
14240 Food	160,302.48	74,532.67	44,718.00	-	-	279,553.15
14241 Secondary Food	6,957.21	2,770.40	795.00	-	-	10,522.61
14245 FDA Program	7,369.74	2,506.52	1,623.00	-	-	11,499.26
14260 Land	13,977.04	7,041.42	2,154.00	-	-	23,192.46
14280 Mort Surv	10,174.15	4,511.86	1,820.00	-	-	16,506.01
14300 Public Wat	64,508.57	25,258.87	9,432.00	-	-	99,199.45
14310 Sewage Disposal	236,067.95	115,323.38	53,246.00	-	-	404,637.33
14320 Solid Waste	6,205.77	2,637.09	606.00	-	-	9,448.87
14380 Pools	4,525.03	2,253.91	1,768.00	-	-	8,546.94
14800 Planning	152,258.87	66,894.79	25,233.00	-	-	244,386.66
14825 Ebola Preparedness	8,323.27	3,465.34	2,232.00	500.00	-	14,520.61
14895 HRSA	59,994.57	26,173.92	8,610.00	-	18,000.00	112,778.49
14897 Medical Reserve Corp	11,620.33	5,462.15	1,615.00	-	-	18,697.47
14898 NACCHO MRC	-	-	1,240.00	-	-	1,240.00
14999 Eviron Misc	2,774.29	1,155.47	2,594.00	-	-	6,523.77
Environmental Division Totals	809,290.16	371,409.14	136,445.00	500.00	18,000.00	1,335,644.31
Community Health						
15100 CH IT	23,578.39	12,230.61	(35,810.00)	-	-	(1.00)
15300 WIC Clinical	263,830.39	150,935.60	55,303.00	-	-	470,068.98
15305 WIC Administration	91,300.67	37,389.20	28,174.00	-	-	156,863.87
15310 WIC Nutrition Education	180,411.47	97,765.50	26,609.00	-	-	304,785.97
15320 WIC Breastfeeding	82,552.73	46,034.01	17,399.00	-	-	145,985.73
15321 WIC Breastfeeding Peer	24,588.46	14,661.73	7,140.00	-	-	46,390.19
15325 Early Headstart Dieticians	6,808.51	2,757.21	1,016.00	-	-	10,581.72
15401 PAN	30,196.94	13,088.88	6,456.00	-	-	49,741.82
15403 Heart Disease & Stroke	24,551.97	12,051.86	6,715.00	-	-	43,318.83
15410 Prescription Drug Overdose Prevention	20,224.66	9,866.14	5,284.00	-	-	35,374.80
15525 Seat Belt Observation	1,650.04	929.93	763.00	-	-	3,342.97
15530 Carseats	8,158.39	4,998.07	25,971.00	-	-	39,127.46
15630 Injury Prevention	19,259.78	8,196.92	5,321.00	-	-	32,777.70
15635 APP	11,178.17	4,803.49	3,346.00	-	-	19,327.66
15637 APP - PREP	9,444.55	4,005.48	1,386.00	-	-	14,836.03
15660 Dental Health	29,433.17	12,544.77	12,324.00	-	-	54,311.94
15680 Comp Cancer Control	17,793.46	89,16.25	5,237.00	-	-	31,946.71
15750 Tobacco Prevention	19,217.69	93,22.83	3,328.00	-	-	31,868.52
15752 Millennium Fund	39,271.79	19,239.43	33,274.00	-	-	91,785.22
15999 Comm Misc	-	-	110.00	-	-	110.00
Comm Division Totals	903,461.21	469,737.91	209,346.00	-	-	1,582,545.13
Regional Behavioral Health Board						
17000 RBHB	8,728.49	4,200.17	2,291.00	-	39,795.00	55,014.65
17200 Crisis Center	2,782.53	1,142.40	2,640.00	-	1,460,000.00	1,466,564.77
Comm Division Totals	11,511.02	5,342.40	4,931.00	-	1,499,795.00	1,521,579.42
District Totals	3,288,517.01	1,564,854.16	1,341,129.00	166,920.85	1,517,795.00	7,879,216.00

White = Administration

**Legend:** Red = Category 1: Mandatory/Statutory    Yellow = Category 3: Federal Contracts through IDHW/IDEQ

Orange = Category 2: Core Public Health    Green = Category 4: Local Board of Health Option

Health Promotion (Employee Wellness)

Recent research has shown the cumulative impact of sitting all day for years is associated with a range of health problems, ranging from obesity to cancer to diabetes. The average office worker spends about five to six hours sitting at a desk.

It’s not enough to sit all day and visit the gym after work (or sit all day after a workout in the morning). Experts suggest the negative effects of sitting can’t be reversed by brief times of strenuous exercise. They suggest that interrupting the sitting with standing or pacing helps. Stand-up desks can help encourage staff to alternate between sitting and standing throughout the workday, and could ultimately help improve their health. Stand-up desks could also be beneficial for employees with back and neck pain. Some studies also suggest using stand-up desks can improve employee mood, morale, energy, and productivity levels.



During the summer of 2017, a SCPHD survey revealed that 90% of employees were interested in a stand-up desk. In the fall of 2017, the Board of Health approved carryover funding for the Community Health Director to purchase 15 Varidesk stand-up desks. Some Health Promotion subgrants paid for desks for the health promotion staff. The stand-up desks arrived in February 2018 and employees are working together to share the desks. As more funding is available, SCPHD hopes to purchase more desks for employee use.



# Health Heroes

Every year SCPHD honors members of the community as their “Health Heroes”.

Through this annual event, SCPHD seeks individuals or groups who have gone above and beyond the call of duty to promote health in the community by working to prevent disease, promote healthy lifestyles, and protect the health and environment of Southern Idaho citizens.

This year, there are four nomination categories:

- 1. Youth—17 years of age or younger
- 2. Adult Volunteer—18 years of age or older
- 3. Adult Professional—Behavioral Health Advocate, Environmental Advocate, Dietician
- 4. Group or organization—Service groups, schools, civic organizations etc.

The nomination process for the 2018 “Health Heroes” award will start in March and must include a brief description explaining why the nominee deserves the Health Heroes Award.

Examples of qualifying activities include, but are not limited to the following:

- promoting a healthy lifestyle through activities at schools, churches, and places of work
- activities that help reduce suicides
- promoting physical activity
- activities that reduce obesity
- preparing a community for a disaster
- decreasing workplace injuries
- promoting policies that lead to healthy outcomes.

Nominees must be residents of or do business in Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, or Twin Falls counties. Nominations forms were available March 1-April 1, 2018. All nomination forms were due by April 1, 2018.



Revenues			Total		Estimate of		Previous Year Comparison	
Contract	Fees/Donations	Total Rev	Indirect	Expenditures	District Support	Total Exp	Trend	
-	-	-	-	(2.60)	(2.60)	4.11	-	
-	-	-	438.67	2,012.59	2,012.59	5,885.66	-	
45,000.00	12,000.00	57,000.00	18,620.97	88,003.89	31,003.89	77,733.78	-	
3,000.00	-	3,000.00	967.41	4,404.40	1,404.40	1,690.36	+	
-	150,000.00	150,000.00	76,303.98	355,857.13	205,857.13	273,044.10	-	
-	13,000.00	13,000.00	3,311.63	13,834.24	834.24	12,755.07	-	
15,000.00	-	15,000.00	3,508.00	15,007.26	7.26	14,339.43	-	
-	25,000.00	25,000.00	6,662.59	29,855.06	4,855.06	22,731.37	+	
-	4,000.00	4,000.00	4,842.89	21,348.91	17,348.91	12,505.98	+	
85,000.00	-	85,000.00	30,706.08	129,905.53	44,905.53	61,465.28	+	
-	330,800.00	330,800.00	112,368.34	517,005.68	186,205.68	403,987.44	+	
-	-	-	2,953.95	12,402.82	12,402.82	7,236.76	+	
-	760.00	760.00	2,153.92	10,700.86	9,940.86	8,129.76	+	
280,000.00	-	280,000.00	72,475.22	316,861.88	36,861.88	223,790.84	+	
17,500.00	-	17,500.00	3,961.87	18,482.48	982.48	67,257.52	-	
115,000.00	-	115,000.00	28,557.42	141,335.91	26,335.91	100,588.65	+	
13,750.00	-	13,750.00	5,531.27	24,228.75	10,478.75	11,225.77	+	
-	-	-	-	1,240.00	1,240.00	5,353.86	-	
4,000.00	-	4,000.00	1,320.56	7,844.33	3,844.33	6,568.23	-	
578,250.00	535,560.00	1,113,810.00	374,684.79	1,710,329.09	596,519.09	1,316,314.08		
-	-	-	-	(1.00)	(1.00)	1.50	-	
1,000,000.00	-	1,000,000.00	125,583.26	595,652.25	430,012.21	402,873.16	+	
-	-	-	43,459.12	200,322.99	-	198,644.04	-	
-	-	-	85,875.86	390,661.83	-	361,745.07	-	
-	-	-	39,295.10	185,280.83	-	96,591.08	+	
-	-	-	11,704.11	58,094.30	-	54,136.63	-	
13,790.00	-	13,790.00	3,240.85	13,822.56	32.56	10,216.51	+	
61,420.00	-	61,420.00	14,373.74	64,115.56	2,695.56	16,338.75	+	
55,000.00	-	55,000.00	11,686.75	55,005.56	5.56	8,016.97	+	
45,000.00	-	45,000.00	9,626.94	45,001.74	1.74	-	+	
4,000.00	-	4,000.00	785.42	4,128.39	128.39	3,973.76	-	
24,000.00	7,000.00	31,000.00	3,883.39	43,010.85	12,010.85	28,332.33	+	
41,000.00	-	41,000.00	9,167.65	41,945.35	945.35	26,259.45	+	
21,000.00	-	21,000.00	5,320.81	24,648.47	3,648.47	25,316.81	-	
17,000.00	-	17,000.00	4,495.60	19,331.63	2,331.63	5,222.69	+	
45,000.00	12,000.00	57,000.00	14,014.95	68,326.89	11,326.89	69,610.71	-	
40,305.00	-	40,305.00	8,469.69	40,416.40	111.40	18,615.06	+	
41,000.00	-	41,000.00	9,147.62	41,016.14	16.14	28,282.94	+	
91,400.00	-	91,400.00	-	91,785.22	385.22	95,126.81	-	
-	-	-	-	110.00	110.00	700.00	-	
1,499,915.00	19,000.00	1,518,915.00	400,130.85	1,982,675.98	463,760.98	1,450,004.27	+	
50,000.00	-	50,000.00	4154.76	59169.42	9169.42	-	+	
1,500,000.00	-	1,500,000.00	1324.48	1467889.25	(32110.75)	-	+	
1,550,000.00	-	1,550,000.00	5479.24	1527058.66	(22941.34)	-	+	
5,711,646.00	958,170.00	6,669,816.00	1,246,378.23	7,686,383.65	2,293,645.65	7,684,453.06		
Projected State Appropriation			1,209,400.00					
Carryover Funds from FY-16								
Admin/General Support								
Facilities/Equipment								
IT and Clerical Support								
FCH and Preparedness								
Environmental Health								
Community Health								
Building Fund								
Total Revenue FY-19			7,879,216.00					
Adjustment for personnel savings			-					
REVENUE TOTAL BUDGET REVISION			7,879,216.00					

## DATA DICTIONARY - PROJECT COST ACCOUNTS FY-2018

PCA	Program	Program Definition
<b>Administration</b>		
11100	Admin	Office of the District Director – Salary (and fringe); includes apportioned operating expenses; Member County Apportionment per IC 39-424 is accounted for as Revenue under PCA 11100.
11200	Admin	Board of Health – Payments for meeting attendance; mileage reimbursements; conference registration and per diem & travel to the Annual IADBH Conference.
11999	Admin	Admin. Misc. Represents small contracts managed by the Director.
12000 to 12040	Admin	General Support – Salaries (and fringe) for staff time benefitting all divisions of the district. Includes capital expense: general and outlay (building infrastructure, district vehicles, new construction, etc.)
12020	Admin	Auto fleet costs
12100	Admin	Project & Building Fund General – One-time projects and maintenance.
12110	Admin	Building Fund – Bellevue
12140	Admin	Building Fund – Gooding
12150	Admin	Building Fund – Jerome
12170	Admin	Building Fund – Mini-Cassia
12180	Admin	Building Fund – Twin Falls
12210	Admin	Maintenance - Bellevue
12230	Admin	Maintenance – Mini-Cassia
12240	Admin	Maintenance – Gooding
12250	Admin	Maintenance – Jerome
12260	Admin	Maintenance – Shoshone
12270	Admin	Maintenance – Mini-Cassia
12280	Admin	Maintenance – Twin Falls
12850	Admin	Vital Statistics – Local Registrar activities for issuance of Death Certificates under MOA with IDHW, Bureau of Vital Records and Statistics.
12999	Admin	Misc. activities; usually non-recurring events.

**Legend:**

White = Administration

Red = Category 1: Mandatory/Statutory

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## Internships

Every year, SCPHD programs work with students and interns to help further their education and give them practical, hands on experience in public health.

Several local and regional colleges and universities use SCPHD nurses to provide their students with public health experience. Most of the students come from CSI, but Lewis and Clark, BYU Idaho, Boise State, Idaho State, and Western Governor's Universities have placed students at our agency.

The nursing staff at SCPHD are proud and honored to be able to share their knowledge and skills with an average of 100 nursing students each year. SCPHD partners with the College of Southern Idaho to give each RN student nurse at least one day at the health department. These students are exposed to a variety of the programs, including immunizations, refugee health, epidemiology, and home visitation. In addition, SCPHD works with all other in-state colleges and universities to provide the necessary public health clinical hours needed for those students obtaining their bachelors or masters degrees. SCPHD also provides clinical hours for nurses in online programs if proper agreements are in place and has allowed local high school seniors who need hours for their senior projects the opportunity to job shadow and complete service projects that benefit District.

The Community Health division has been fortunate enough to have two health education interns from BYU-Idaho in the last year. The first intern worked in the fall of 2017, the second one in the winter of 2018, both focusing on Physical Activity and Nutrition, Adolescent Pregnancy Prevention, and Fit and Fall Proof, under the supervision of Adria Masoner, Health Education Specialist, Sr. each intern completed 200 hours of work at SCPHD. Their main goal is to learn how to implement health education in a public health setting.

WIC typically has two interns per school year (one in the fall semester, one in spring semester). Those interns complete 120 hours of work in three weeks, under the supervision of Cynthia Holly-Rausch, RD. They help write newsletter articles and education guidelines for classes/individual education. They also update WIC referral lists and participate in outreach and meeting presentations. Their main goal is to learn how to educate clients in a community setting as a dietitian.

Working in partnership with these learning institutions provides an opportunity to increase the visibility of public health to the health professionals of the future. It also allows us to partner with some of the institutions, like CSI, to provide staffing for mass clinics during emergencies. Working with students allows our agency to recruit potential employees for future open positions as well.



Stephanie Gines, Health Education Intern



# Jerome Office Upgrades

In 2017, upgrades were made to the Jerome facility so it could act as an emergency network backup in the case of a computer system failure in the main Twin Falls facility. Power and data systems were both improved to accommodate the new backup system.

At the Jerome building an Eaton Uninterruptable Power Supply System (UPS) installation was completed in December 2017. The equipment provides clean filtered electrical power in support of the secondary datacenter equipment recently installed. The UPS has enough capacity to support the uninterrupted operation of servers during a utility interruption while emergency power generation is initialized.

A redundant datacenter is being configured at the Jerome center to provide better uptime in case of an outage at the Twin Falls center. We have purchased a new APC rack to hold the equipment needed to perform this redundancy. The other equipment includes three Dell servers that will connect via fibre channel to an EMC SAN, which will hold the data and virtual servers. A new Juniper POE+ gigabit switch will be installed to improve the network communications.



PCA	Program	Program Definition
Information Management Division		
12600	Admin	Community Outreach: Advertising, media; Public Information activities; Social Media
13100	FCH- IT	IT Direct Support to Family & Children’s Health
14100	Environmental- IT	IT Direct Support to Environmental Health
15100	CH- IT	IT Direct Support to Community Health
Family and Children’s Health Division		
13210	Adult Services -- Other	Rarely used. Used for general questions from clients.
13220	School Health	Contracted services provided to mostly rural school districts.
13225	Lead Screening	Capillary blood lead tests provided to any client, but usually to Head Start children (requirement of that program).
13230	AIDS	HIV testing provided in a variety of settings.
13231	HIV Surveillance	Monitoring healthcare providers to ensure complete HIV reporting. Also includes reporting of diagnosed HIV or AIDS.
13236	STD	Reporting and investigation of sexually disease infections.
13245	RMA Refugee Health	Health Screening provided to newly arriving refugees.
13250	Child Health -- Other	Rarely used. Most common involves calls about head lice.
13255	Early Head-Start Program	This is a contracted program to provide home visits for families in Twin Falls, Jerome, Minidoka and Cassia counties.
13265	Nurse Home Visitation	Parents as Teachers home visitation model. Contracted for Twin Falls and Jerome counties.
13266	District Nurse Home Visitation	Parents as Teachers home visitation model. District supported to cover the other six counties.
13390	Immunizations Vaccine for Children	Immunizations provided to birth through 18 years of age. Includes insured children through the insurance pool.
13392	Immunization District Purchased	All immunizations provided to adults and overseas immunizations provided to children.
13394	Immunization Contract	Community or staff education programs and special community clinics.
13395	Immunization Provider Assessment	Services through the Idaho Immunization Program. Compliance visits to healthcare providers (VFC program standard).
13396	Prenatal HepB Surveillance	Epidemiology services to pregnant women with hepatitis B.



PCA	Program	Program Definition
Family and Children’s Health Division		
13400	Epidemiology	Investigation of reportable diseases.
13405	Communicable Disease Education	Education of epidemiology staff and involvement with infection prevention hospital committees. Providing information to healthcare providers during outbreaks or important disease investigations.
13410	NEDSS Capacity	Reporting diseases in the electronic database.
13450	Tuberculosis Control	Investigation and control of tuberculosis.
13500	Strategic Health Innovation Plan	Limited subgrant, ending January 2019, that assists local healthcare providers to transform their policies to patient centered medical homes.
13670	Breast and Cervical Cancer	Provide vouchers for low income, uninsured women to receive breast and cervical cancer screening. Limited clinical services provided in Twin Falls.
13820	Surveillance	Provide staff time for pager carrier duties to respond to local emergency situations (communicable disease or hazmat involving food or water). Provide additional staff to respond to communicable disease outbreaks.
Environmental Health and Public Health Preparedness Division		
14210	Nuisance Complaints	Covers miscellaneous complaints or inquiries received from the public which do not fall into any other category. May include inquiries about mold, pests, private water, etc.
14225	Childcare	Contracted childcare inspections, reporting, fee collections, etc.
14227	Childcare Complaints	Contracted childcare complaint inspections and investigations.
14240	Primary Food	Food protection services: permitting, inspections, consultations, investigations, enforcement action, etc.
14241	Secondary Food	Food protection services which do not fall into the primary food PCA, such as plan reviews, or second school cafeteria inspections mandated by the USDA School Lunch Program.

Legend:

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Public Health Preparedness

The Public Health Preparedness Program (PHP) at SCPHD is charged with increasing health system capacities to respond to acts of bioterrorism, infectious disease outbreaks, and other public health threats and emergencies.

Over the past year, PHP has been involved in several training and exercise opportunities throughout the district. These activities ranged from an Ebola functional exercise to an actual deployment of Medical Reserve Corp (MRC) volunteers during the total solar eclipse. SCPHD endeavors to support the emergency response to any and all hazards where our expertise will aid the communities we serve.

2017-2018 Highlights

Medical Shelter Training and Exercise – March 2017

- Conducted training and exercise with Jerome County and the American Red Cross to test the activation process for opening and operating a 25 bed medical shelter.

Ebola Functional Exercise – April 2017

- Developed, planned, and facilitated an exercise with Cassia Regional Hospital, Minidoka Memorial Hospital, St. Luke’s Jerome, St. Luke’s Magic Valley, and St. Luke’s Wood River.
- The exercise focused on multi-agency emergency operations, information sharing, and coordination to respond to a patient with Ebola-like symptoms.



Total Solar Eclipse Event Planning and MRC Deployment – June and August 2017

- Deployed MRC volunteers to Blaine County to staff first aid stations at Smiley Creek Lodge and Festival Meadows in Sun Valley.





# Environmental Health

## Food Establishments

On July 1 of this year, the Certified Food Protection Manager provision in the Idaho Food Code will take effect. This section of the rule added an additional requirement, above the existing demonstration of knowledge, to all establishments which are regulated by the Idaho Food Code.

*Regulated establishments now must have on staff a manager, or other employee with similar authorities, who has passed a course which has been approved by the Conference for Food Protection Standards for Accreditation of Food Protection Manager Certification Programs.*

However, there is a provision in the Food Code to allow for a variance from this requirement for minimal-risk facilities, such as convenience stores that only sell pre-packaged foods. SCPHD has been working with the Department of Health and Welfare and the other six health districts to ensure that this variance process is in place prior to the July 1 deadline.



## Childcare Inspections

We are also happy to announce the launch of a state-wide online database of childcare inspection results, available at [www.idahochildcarecheck.org](http://www.idahochildcarecheck.org). SCPHD has provided an online searchable database of childcare inspection reports for more than five years, but it only covers the childcare facilities within our district, and we have had a hard time publicizing it. Now, with the introduction of the state-wide database, parents will have one location to get information, no matter where they go in the state, and, with all of the health districts, Health and Welfare, and 211 helping to spread information about the website, we hope that more parents will learn about, and use, this tool to help them pick quality childcare.

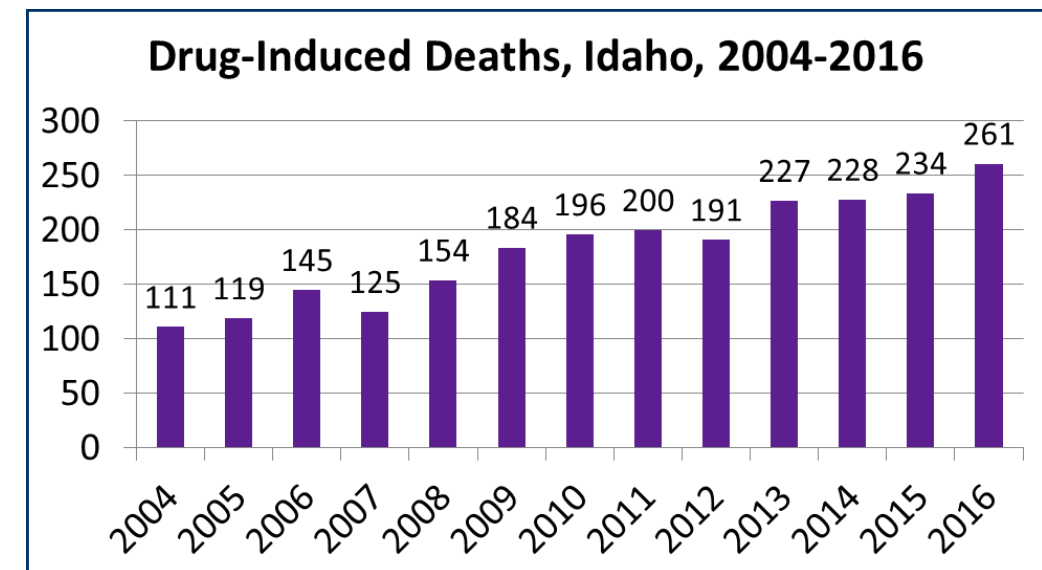
As new inspections are conducted they will be added to the new database, so it will take some time before all facilities have results available.

PCA	Program	Program Definition
Environmental Health and Public Health Preparedness Division		
14245	FDA Program	Contracted inspections of FDA-regulated facilities.
14260	Land Development	Land divisions, subdivision reviews and approvals.
14280	Mortgage Survey	Surveys of water and septic systems at the request of a client. Generally performed at the time of a sale.
14300	Public Water	Contracted regulation of public water systems. Includes inspections, monitoring, consultations, paperwork, enforcement actions, etc.
14310	Sewage Disposal	Septic system permitting, inspections, and sewage complaint investigations. Permitting and complaint investigations of septic system installers and septic pumps.
14320	Solid Waste	Regulating solid waste transfer stations and landfills, complaint investigations.
14380	Pools	Regulating public pools, as defined in rule.
14999	Environmental Misc.	Generally covers activities funded by governmental grants.
14800	Planning/ Preparedness	Ensure SCPHD can accomplish emergency preparedness and response activities to address public health threats and other emergencies. SCPHD will also work with local communities to accomplish preparedness activities.
14895	Hospital Bioterrorism (ASPR)	Assist healthcare organizations with developing preparedness and response plans and strategies.
14897	Medical Reserve Corp.	Recruit and train volunteers to assist in emergency response situations. Maintain a register of approved volunteers with license verification as appropriate.
14898	NACCHO MRC	Provide funds to assist in recruitment and training of volunteers for the Medical Reserve Corps.
Community Health Division		
15300	WIC Clinical -Women, Infants & Children	Direct contact with participants. Weighing, measuring, diet and health assessments; appointments, reminder calls, service coordination and referral.
15303	WIC Administration	Program management and monitoring. Administrative record keeping and reports; time studies and site visits.
15310	WIC Nutrition Education	Planning, developing and providing nutrition education, participant counseling and goal setting.
15320	WIC Breastfeeding	Planning or providing breastfeeding promotion, education and encouragement.

PCA	Program	Program Definition
<b>Community Health Division</b>		
15321	WIC Breastfeeding, Peer	Planning or providing breastfeeding promotion, education and encouragement, by a trained Peer Counselor, to first time pregnant clients during the prenatal period and up to 3 months postpartum.
15325	Early Head Start, Dieticians	Provide nutrition counseling and menu plans to families enrolled in Head Start. Review nutrition risks of pregnant mothers; participate in Health Advisory Committee meetings.
15401	PAN -Physical Activity and Nutrition	Host and facilitate Let's Move Child Care workshops and assist providers in developing and completing action plan and activities. Promote policy, system, and environmental changes to increase healthy nutrition and physical activity in child care centers. Promote wellness initiatives to worksites and facilitate the completion of the CDC Health Scorecard Assessment and workplan. Host Looking Glass Academy to assist community members assessing a community's walkability and bikeability.
15403	Chronic Disease Prevention & Control	Provide resources and technical assistance to health care providers/ medical clinics to implement evidenced based and/or evidenced informed resources for hypertension, diabetes and pre-diabetes prevention and management. Host and facilitate a chronic disease health care coalition.
15410	Prescription Drug Overdose Prevention	Identify two physician champions who will provide education about opiate prescribing use and the Prescription Monitoring Program to the healthcare provider community in the health district. Provide educational toolkits to primary care providers that promote the use of the Prescription Monitoring Program.
15525	Seatbelt Observations	Conduct official seat belt observational survey in accordance with National Highway Traffic Safety Administration standards.
15530	Car seats	Coordinate, schedule and promote low cost child car seat classes for WIC clients. Order child safety seats, provide translation services, and evaluate class outcomes.
15630	Injury Prevention	Coordinate Fit and Fall Proof™, an exercise-based fall prevention program for older adults. Recruit and coordinate training for volunteers to teach the classes in their community. Partner with healthcare providers to refer patients to FFP classes. Conduct fall prevention safety checks in the homes of seniors.

## Idaho Prescription Drug Overdose Prevention Program

The subgrant awarded from Idaho Department of Health and Welfare in December 2016 for prescription drug overdose prevention is continuing. The funding from Centers for Disease Control and Prevention allows the Idaho Public Health Districts to provide education to physicians and other healthcare providers about prescription drug misuse and overdose, and new naloxone regulations. During the last fiscal year, SCPHD provided education to 10 prescriber's offices, and two Physician Champions presented to over 90 prescribers throughout District 5.



Number of drug-induced deaths by county of residence: Idaho residents, 2014-2016.

County	Number
Blaine	3
Camas	0
Cassia	6
Gooding	5
Jerome	6
Lincoln	2
Minidoka	9
Twin Falls	40

**\*Numbers may not be reliable due to lack of all suspected drug-induced deaths appropriately reported on death certificates.**

According to Idaho data, in 2016, drug-induced deaths reached at least 261 Idaho residents. This was approximately 2% of total deaths. Drug overdoses accounted for more than 93% of drug-induced deaths. According to the Opioid Needs Assessment prepared by the Idaho Department of Health and Welfare, October 2017, there were 466 drug-overdose deaths in Idaho with opioid drug(s) specified on the death certificate from 2012-2016. The number of drug-induced deaths are under-reported throughout the state, so the number of true opioid-involved overdose deaths is likely higher than what is reported on death certificates.



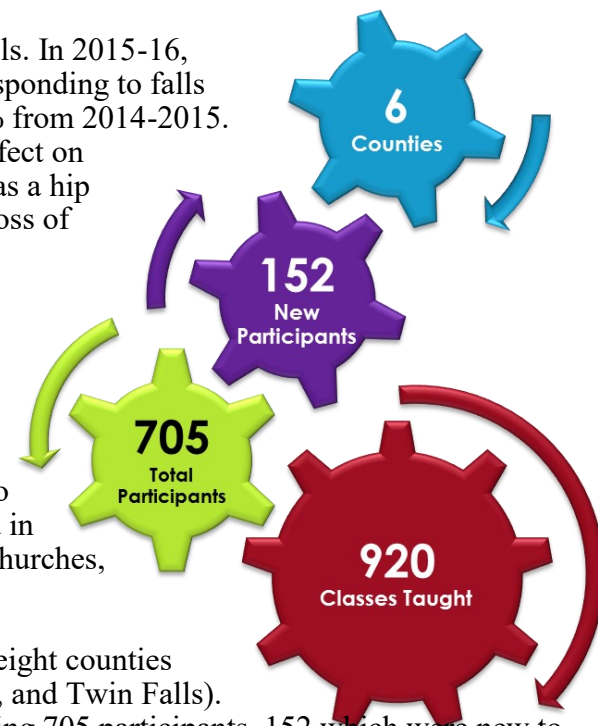
## Fit and Fall Proof™

Each year, one in three adults over the age of 65 falls. In 2015-16, Idaho Emergency Medical Services (EMS) calls responding to falls for individuals 65 years of age or older was up 26% from 2014-2015. When an older adult falls, it can create a domino effect on their health. They may suffer a severe injury, such as a hip fracture, resulting in lost mobility and subsequent loss of independence.

Developed in Idaho in 2004, and implemented in SCPHD in 2005, Fit and Fall Proof™ (FFP) is an exercise-based fall prevention program for older adults in Idaho that focuses on improving strength, mobility, and balance to reduce an older adults' risk of falling. Local volunteer leaders are trained to teach classes in their communities. Classes are held in places such as senior centers, community centers, churches, libraries, and hospitals.

In SCPHD, nine FFP Classes are held in six of the eight counties we serve (Blaine, Camas, Cassia, Gooding, Jerome, and Twin Falls). In FY-2016-2017, there were 920 classes held serving 705 participants, 152 which were new to the program. Of all the programs in Idaho, SCPHD has the most consistent class participation in the state. This is due in no small part to our faithful class leaders, many of whom have been volunteering since 2005!

Over the last two years, SCPHD has been working with five local healthcare providers (mainly physical therapists) to refer their patients to an FFP class in their area. This spring SCPHD will also begin working with Home Health agencies to do in-home falls safety checks for some of our older citizens.



PCA	Program	Program Definition
Community Health Division		
15635 and 15637	APP -Adolescent Pregnancy Prevention & APP-PREP -Personal Responsibility Education Program	Provide information on sexual health education, including abstinence and contraception, for the prevention of pregnancy and sexually transmitted infections. In partnership with local schools, teach and facilitate discussion on one of two evidenced-based curriculums, <i>Reducing the Risk</i> or <i>Draw the Line</i> . Coordinate and facilitate a Youth Adult Partnership to develop leadership skills and influence attitudes and norms.
15660	Dental Health	Coordinate and implement school-based dental sealant clinics at schools with more than 35% on the Free and Reduced Lunch Program. Coordinate and implement fluoride varnish clinics with an emphasis on children enrolled in WIC, Head Start and other early education programs. Participate in the state-wide oral health screening program, the Smile Survey, to monitor and collect data on the oral health status of third-grade students, every four years. Participate in the regional Oral Health Network meetings to eradicate dental disease in children and to improve oral health care in Idaho.
15680	Comprehensive Cancer Control	Coordinate, facilitate and implement cancer control initiatives, including sun safety, colorectal, and breast cancer screening. Provide resources and technical assistance to health care providers/medical clinics to implement evidenced based and/or evidenced informed resources for the implementation of quality improvement measures to increase colorectal cancer screening rates.
15750	Tobacco Prevention	Prevent initiation of tobacco use among youth and adults through education, policies, and community engagement. Eliminate exposure to second-hand smoke by establishing or strengthening smoke/tobacco free policies. Promote cessation for adults and youth through community partnerships; work with health care providers to establish patient referrals.
15752	Millennium Fund	Promote and provide tobacco cessation education using standardized criteria for best practices and offer classes specifically designed for pregnant women, adults, and teens.
15999	Community Misc.	Special projects and/or short term mini-grants.

### Legend:

White = Administration

Red = Category 1: Mandatory/Statutory

Orange = Category 2: Core Public Health

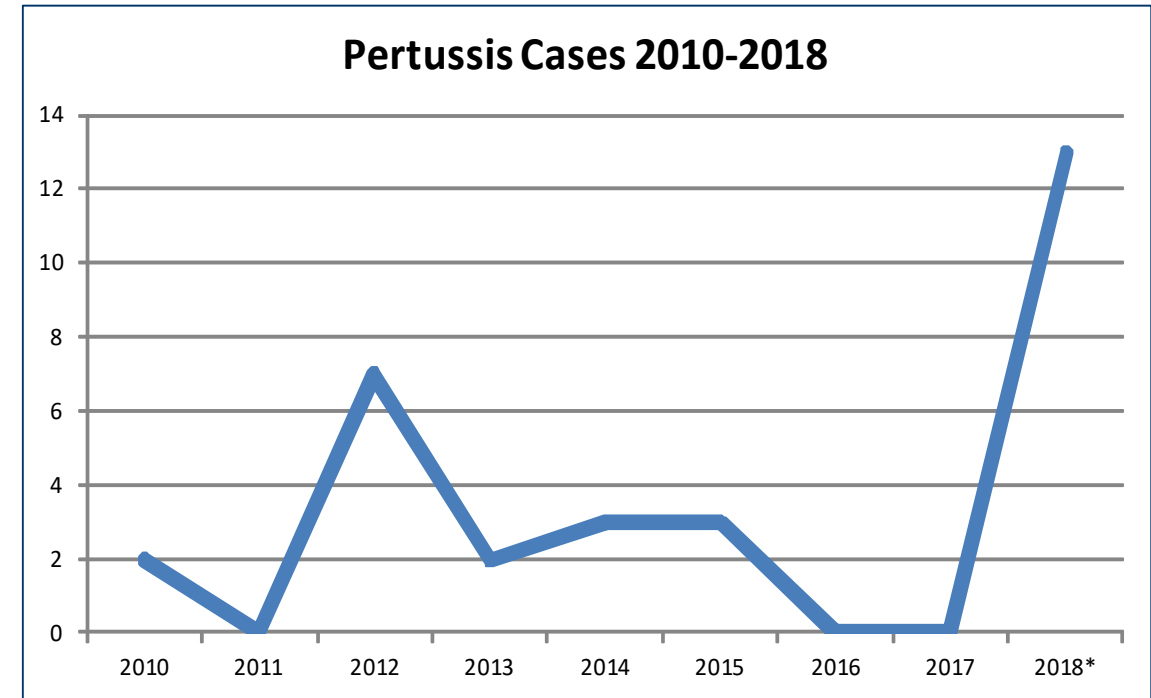
Yellow = Category 3: Federal Contracts through IDHW/IDEQ

Green = Category 4: Local Board of Health Option



# Influenza and Pertussis 2017-2018

During the 2017-2018 influenza season, SCPHD began receiving reports of pertussis cases. Since both diseases produce a cough illness, diagnosing and preventing further spread became challenging. The current influenza season saw the highest number of cases during the first week of January. As of February 5, 2018, seven influenza-related deaths had occurred. Since January 1, 2018, 13 cases of pertussis have been reported in our district. All of these cases were school-aged children. The following shows the reported cases in our district each year since 2010.



\* Cases reported as of February 5, 2018

The only way to confirm the diagnosis of either disease requires laboratory testing. Influenza is characterized by sudden onset of muscle aches, tiredness, fever, and cough. Pertussis begins with cold-like symptoms followed by a cough. This cough may be severe, with vomiting or difficulty breathing after cough episodes. Infants under 1 year of age are most at risk of severe complications or death from Pertussis. Since symptoms may only include a continued cough, many cases of Pertussis go undiagnosed. This allows the disease to spread through a community and makes control difficult.

SCPHD staff investigate each reported case of Pertussis. Control measures include identifying close contacts that may need medication to prevent the disease; educating the public by sending letters to parents of children in a school with Pertussis cases; and media interviews and health messages for healthcare providers. Providing one dose of Pertussis-containing vaccine to adults is an important tool in reducing the spread of Pertussis, especially in families with infants.



# Human Papilloma Virus

According to the Centers for Disease Control and Prevention (CDC), every year in the United States, 31,000 women and men are diagnosed with a cancer caused by Human Papilloma Virus (HPV) infection. Cervical cancer accounts for 1 in 3 cancers caused by HPV infection. While there is screening for cervical cancer, there is no routine screening for the other 20,000 cancers caused by HPV infections each year in the United States. Often these cancers—such as cancers of the back of the throat (oropharynx) and cancers of the anus/rectum—aren't detected until later stages when they are difficult to treat. Most of these cancers could be prevented by HPV vaccination.

HPV vaccine is usually administered starting at age 11-12. If the vaccine series is started by age 14, two doses are needed. If the series is started after age 14, three doses are needed. HPV vaccine is provided to all Vaccines For Children (VFC) providers at no cost. An administration fee is the only cost to the patient.

SCPHD offers HPV vaccine through clinics in each of our district offices. Idaho Administrative Rules, require children, entering the 7th grade, to have one dose of Tdap and meningococcal vaccines. Since 7th grade is the target age for HPV vaccine, it is beneficial to offer this vaccine with the other required vaccines. To address this requirement, staff travel to several schools to provide vaccines to students entering 7th grade. Schools and parents have responded favorably to having an immunization clinic during registration. SCPHD has provided clinics in 6 different schools and are evaluating other school sites.



## WHAT IS HPV?

HUMAN PAPILLOMAVIRUS (HPV) IS A GROUP OF MORE THAN 150 RELATED VIRUSES. HPV IS TRANSMITTED THROUGH INTIMATE SKIN-TO-SKIN CONTACT. MOST PEOPLE WILL BE EXPOSED TO HPV IN THEIR LIFETIME

### GET YOUR CHILD VACCINATED AGAINST HPV

*The Facts:*

- HPV CAN CAUSE CANCER IN BOTH MEN AND WOMEN.
- HPV DOES NOT ALWAYS SHOW SYMPTOMS.

### HPV ASSOCIATED CANCERS

CERVICAL	ANAL	RECTAL	VULVAR
PENILE	OROPHARYNGEAL	VAGINAL	

### HPV VACCINATION IN IDAHO

ONLY **30%** OF FEMALES AGES 13-17 YEARS HAVE COMPLETED THE HPV VACCINATION SERIES.

ONLY **25%** OF MALES AGES 13-17 YEARS HAVE COMPLETED THE HPV VACCINATION SERIES.

*The best time...*

to get your child vaccinated for HPV is ages 11 - 12. This is before they are most likely to be exposed to the disease and when the vaccine works best. However, if your child is not vaccinated at this age, he or she can still be given the HPV vaccine through age 26 for females and age 21 for males.

TALK TO YOUR HEALTHCARE PROVIDER ABOUT GETTING YOUR CHILD THE HPV VACCINE.

### Idaho Goals:

- INCREASE THE HPV VACCINATION RATE BY 50%.
- PROTECT 80% OF TEENS BY 2020.

For more information about HPV in Idaho, visit: [cancer.dhw.idaho.gov](http://cancer.dhw.idaho.gov)

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