



Fiscal Year

2018

Annual Report



**South Central
Public Health District**
Prevent. Promote. Protect.

phd5.idaho.gov

VISION

Healthy and Prepared People in Our Communities.

MISSION

1. Prevent Disease,
2. Promote Healthy Lifestyles, and
3. Protect and Prepare the public against health threats.

VALUES

- Transparency – We are accountable for the efficient and effective use of district resources.
- Client Centered – We demonstrate honesty, consistency, and confidentiality when serving our clients; we provide timely and accurate information to help them make informed choices.
- Collaborative - We promote partnerships and alliances with community members and agencies to link public health needs and services.
- Professionalism – We demonstrate competence, reliability, and respect to the public.
- Excellence – We seek to improve the quality of our services through ongoing evaluation and feedback.

GOALS

1. Monitor health status and understand health issues.
2. Protect people from health problems and health hazards.
3. Give people information they need to make healthy choices.
4. Engage the community to identify and solve health problems.
5. Develop public health policies and plans.
6. Enforce public health laws and regulations.
7. Help people receive health services.
8. Maintain a competent public health workforce.
9. Evaluate and improve the quality of programs and interventions.
10. Contribute to and apply the evidence base of public health.





Linda F. Montgomery
Chair
Jerome County



Roy Hubert
Lincoln County
(Commissioner)



Robert Kunau
Trustee
Cassia County
(Commissioner)



Angenie McCleary
Blaine County
(Commissioner)



Pamela J. Jones, RN
Camas County



Helen P. Edwards
Gooding County
(Commissioner)



Tracy Haskin
Minidoka County



Terry Kramer
Twin Falls County



Peter Curran, MD
Medical Consultant



Melody Bowyer
District Director
Board Secretary

ADMINISTRATIVE STAFF

Melody Bowyer

Jeremy Clair

Bob Moulson

Eric Myers

Brianna Bodily

Yvonne Humphrey

Nancy Andreotti

District Health Director

Financial Specialist Principal

IT Resource Manager

Business Operations Specialist

Public Information Officer

Administrative Assistant II /
Human Resources

Administrative Assistant I

DIVISION STAFF

Cheryle Becker, RN

Craig Pual, CPSS, REHS, MS

Susie Beem, BS, CHES

Family and Children's Health
Administrator

Environmental Health and
Preparedness Director

Community Health Director



ADMINISTRATION

- Administrative
- Business Operations
- Fiscal Operations
- Human Resources and Personnel
- Information Technology
- Public Information

FAMILY AND CHILDREN'S HEALTH

- Breast and Cervical Cancer Screening
- Disease Surveillance and Epidemiology
- Early Head Start Home Visitation
- HIV/STD Prevention
- Immunizations
- Lead Screening
- Parents as Teachers
- Refugee Medical Screening
- School Nursing
- Statewide Healthcare Innovation Plan (SHIP)
- Tuberculosis Control

COMMUNITY HEALTH

- Adolescent Pregnancy Prevention
- Child Passenger Safety
- Comprehensive Cancer Control
- Fit and Fall Proof™
- Hypertension and Diabetes Prevention and Management
- Motor Vehicle Occupant Safety
- Oral Health
- Physical Activity and Nutrition
- Prescription Drug Overdose Prevention
- Tobacco Prevention
- Tobacco Cessation
- Women, Infants, and Children (WIC)

ENVIRONMENTAL HEALTH AND PREPAREDNESS

- Child Care Health and Safety Inspections
- Environmental Complaints
- FDA Inspections
- Food Permits and Inspections
- Land Development
- Public Drinking Water
- Public Swimming Pool Inspections
- Solid Waste Management
- Subsurface Sewage Disposal
- Emergency and Preparedness Planning and Response
- Hospital Preparedness
- Medical Reserve Corps

REGIONAL BEHAVIORAL HEALTH BOARD

- Regional Behavioral Health Board
- Behavioral Health Community Crisis Center

FY-2018 Budget Proposal (07/01/17 - 06/30/18)

ESTIMATED EXPENDITURES

BY CLASSIFICATION

Personnel costs

Operating expenses

Sub-grantee payments

Capital outlay--general

Capital outlay--building

TOTAL ESTIMATED EXPENDITURES

ESTIMATED INCOME

County funds

State general fund

State millennium fund

Contracts

Fees/insurance and miscellaneous

Reserve draw

TOTAL ESTIMATED INCOME

| APPROVED FY-2018 BUDGET | | APPROVED FY-2019 BUDGET | | CHANGE—FY-2019 FY19 TO FY18 APPROVED | |
|-------------------------------|-----------|-------------------------------|-----------|--|---------|
| \$ | 4,901,361 | \$ | 5,036,952 | \$ | -1.48% |
| | 1,429,939 | | 1,260,057 | | -18.44% |
| | 1,443,000 | | 1,438,000 | | 32.66% |
| | 224,570 | | 131,700 | | 28.61% |
| | 259,900 | | 221,600 | | 0.00% |
| \$ | 8,258,770 | \$ | 8,088,309 | \$ | 3.11% |
| \$ | 1,184,644 | \$ | 1,184,644 | \$ | 3.00% |
| | 1,204,400 | | 1,204,400 | | 0.54% |
| | 91,400 | | 112,300 | | 17.71% |
| | 4,465,756 | | 4,536,270 | | 7.54% |
| | 1,024,700 | | 920,695 | | -22.16% |
| | 287,870 | | 130,000 | | 0.00% |
| \$ | 8,258,770 | \$ | 8,088,309 | \$ | 3.11% |

Children's Immunizations

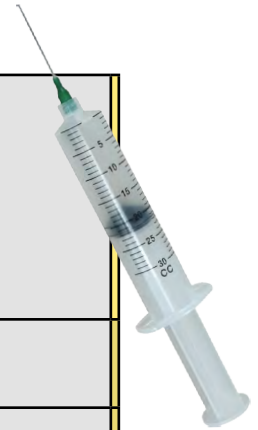
Strategic Plan 7.1.2 - Identify at least one (1) quality improvement project per division per year.

In the last two years staff have concentrated their efforts on providing immunizations within local schools. State law requires specific immunizations for children entering Kindergarten and seventh grade. Our staff believe that, by making immunizations more convenient for parents, children are more likely to receive the vaccinations they need.

In 2018, SPHD set up immunization clinics in 14 different schools, bringing vaccines for children registering for Kindergarten or seventh grade. We are making plans to extend those clinics to 11th grade, targeting children who haven't completed their HPV and meningitis shots.

Idaho school immunization requirements:

| | |
|----------------------------------|---|
| School Entry | (5) Diphtheria, Tetanus, Pertussis (DTaP) (2) Measles, Mumps, and Rubella (MMR) (4) Polio (3) Hepatitis B (2) Varicella (Chickenpox) (2) Hepatitis A |
| Seventh grade | (1) Tetanus, Diphtheria, Pertussis (Tdap) (1) Meningococcal |
| 11th or 12th grade (proposed) | (2) Meningococcal |



Meningococcal vaccine is administered in a two-dose series. Currently, only one dose is required for school entry. Idaho legislators are considering introducing legislation, during the 2019 session, to require the second dose of the meningococcal series for students age 16-18 years. **Meningococcal meningitis is a serious, potentially fatal, illness.** Many colleges and universities require meningococcal vaccines because of recent outbreaks among their students.

Why the rush to get children vaccinated?

1. Because it protects them from diseases that are painful, debilitating, and sometimes deadly.
2. Because families can save a bundle of money if they vaccinate their children before age 19. The Vaccines for Children Program (VCF) provides vaccines free-of-charge for Idaho children, leaving the family to pay only for the administration of the shot.

At SCPHD it currently only costs 20 dollars per vaccine dose for children. At age 19 the cost of the HPV vaccine jumps up to \$216 and meningococcal vaccine costs \$123 per dose.



District Home Visitation Program

Strategic Plan 1.1.2 - Establish childcare wellness programs, policies, and environmental changes that aim to prevent and/or reduce obesity.

Strategic Plan 3.1.2 - Reduce unintended pregnancies through implementation of an evidenced-based home visitation program with high risk clients.

For the last three years, SCPHD has provided home visitation services to pregnant women and children, three and under, through our Parents as Teachers program (PAT). A federal grant funds these visits to the Twin Falls and Jerome counties, but in 2017 general district dollars expanded the program, on a limited basis, to the rest of the district's six counties. Legislators bolstered the program, this last session, with one-time funds to expand services. SCPHD used that funding to hire a developmental specialist in the Heyburn office, and to take on more clients in our other counties.

It is our hope that legislative funding can be found to sustain the home visiting program in these other counties.

PAT brings an incredible opportunity to reach out to parents and bring families everything from child development education to vision and health screenings. This is extremely important in the rural areas of our eight-county district.

PAT goals:

- To increase knowledge of early childhood development and strengthen parenting practices.
- Provide early detection of developmental delays and health issues.
- Increase children's school readiness and school success.

One of the activities, provided through this PAT, is a teen group at the Silver Creek High School Parenting class. Each month, an SCPHD nurse teaches teen parents about child development, parenting and other important education. Nurses have also been contacted about a possible monthly parent group at the Hailey library. Negotiations for this project are still in process.



Parents as Teachers®
Affiliate

| School Entry | Referrals (2018) | Currently Enrolled |
|--------------|------------------|--------------------|
| Blaine | 2 | 1 |
| Cassia | 2 | 6 |
| Gooding | 5 | 2 |
| Lincoln | 1 | 3 |
| Minidoka | 1 | 1 |

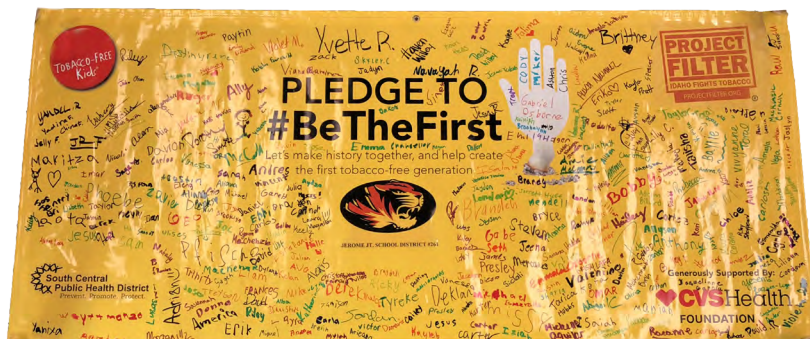


Idaho Tobacco Prevention Program

Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.

SCPHD’s tobacco prevention program educates students, residents and local politicians about the dangers of nicotine addiction and tobacco use.

In schools the program focuses on more meaningful and targeted impact; offering “Tar Wars” for fifth graders, classroom education for teens, parent and teacher education, and access to “No Vaping” signs for school campuses.



Our policy work has a broader affect, focusing on warning residents through signs and city involvement. Some of the local changes affected and supported by SCPHD include:

- The City of Paul has extended their current policy to include no smoking within 100 feet of the playgrounds and splash pads at their parks.
- **The City of Shoshone has passed an ordinance banning smoking at all parks, special events, and within 50 feet of a city-owned building entrance.**
- As of July 31, 2018, all Housing and Urban Development (HUD) housing units are required to go smoke-free nationwide. SCPHD is working with HUD housing units in the area to help them promote this and provide them with new signs.
- School districts now have the option to receive new no smoking and vaping signs once the school has adopted/updated a tobacco policy to include e-cigarettes. These signs are customized to include special wording designed for the school and a picture of the school mascot or logo.
- Blaine County School District, Gooding County School District, Valley School District, Twin Falls School District, and Jerome School District have received new signs. The goal is to work with every school district in Health District 5 to update policies and provide new signs.



Tobacco Cessation classes are offered for adults, pregnant women, and teens. Classes are free, and taught in all eight counties of SCPHD. The adult cessation classes are five weeks long and cover everything from setting a quit date to nutrition and exercise. **The classes for pregnant women are designed to help quit the addiction and stay smoke-free after the baby is born.** If the mother quits smoking, they are eligible for one free box of diapers a month for eight months. Cessation classes for teens are five weeks long and cover stress management, nicotine addiction, reasons to quit, and how exercise can help with addiction.

Juuls are among the most popular vaping devices.

Women, Infants, Children (WIC)

Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.

SCPHD helps about 5500 clients across our eight counties through the WIC program.

We help women, infants and children, who meet eligibility requirements, with breastfeeding education, nutrition education and supplemental foods. **The goal of WIC is to improve, and then maintain, the health of the people in our program.**

WIC is working now to exchange the paper vouchers for supplemental foods with an EBT card that will get electronic transfers and can be used at any authorized vendor in Idaho. We expect this change to go into place in the fall of 2019, and are excited to see it coming.



WIC clients are required to attend classes that provide both breastfeeding and nutrition education. Typically the clients have to come in to receive that education face-to-face, but that system is now changing. As of this year, eligible participants can use an online application that allows them to choose lessons to take online and then receive their benefits from WIC without having to attend an appointment in the office. This process will involve mailing paper vouchers to participants who choose that option, or if they prefer they can stop by the office to pick up the vouchers in person.

This can be especially helpful for clients who have difficulty finding transportation, or have difficulty making it in to classes during regular work hours.

So far, participants are very receptive to this new change, and staff looks forward to when we can load their benefits onto their EBT card instead of mailing vouchers.



Changes to the Food Permit Program

Strategic Plan 8 - Community Outreach/Public Relations

Strategic Plan 9 - Customer Service

This year a new regulation went into place, requiring food establishments to have a manager, or similar employee, on scene at all times who has passed a course approved by the Conference of Food Protection Standards for Accreditation of Food Protection Manager Certification Programs.

This change has brought a bit of confusion with it.

What it means:

- Anyone who is required to get a permit under the Food Code must have someone who has completed an accredited Certified Food Protection Manager program on staff.
- This person must have the authority to make operational decisions.



What it doesn't mean:

- Food establishments must get all their staff this new credential. Only one person must have the credential. This person does not have to be present all the time, just available. It is expected that this person is training other staff in food safety.
- Those operating temporary food booths (like at fairs) must get this credential. Department of Health and Welfare has developed a separate exam available to temporary food vendors to satisfy this requirement.
- Convenience stores must get this credential.

Changes to the Food Permit program

SCPHD works hard to keep food establishments in compliance, to protect both the customers and the livelihood of these entrepreneurs. To work through the confusion of this latest change, health district staff have been connecting food establishments with local and/or online courses that fulfill the new requirement. Unfortunately, the course isn't offered locally in any language but English, leaving out food establishment workers who only speak Spanish, Serbian, Chinese or other common languages in District 5.

Bilingual staff at SCPHD have offered to translate classes at no cost to the attendees. So far only one course instructor has taken us up on this offer.

“This class can be overwhelming for people who don't have access to a computer and don't speak the language,” said Josie Nevarez, CSA and district translator. “That's why we go out of our way to help them in any way we can.”



Throughout the summer event season the exam was only available in Health District offices, and only in English. In more than one instance, SCPHD inspectors have worked through the test, line-by-line, translating for the test taker. This practice is time consuming, but the bigger concern is that it is impossible to help vendors who are coming in from out of state, or decide to participate in an event at the last minute.

The Health District is going the extra mile to help vendors in every way we can, but we are still seeing local food establishment owners and employees struggle with compliance because of language, education and/or other barriers.



Health and Welfare is now offering the exam online, but if they cannot offer it in several languages before next spring, this new requirement will continue to challenge both locals and out of town vendors. **SCPHD is working hard to spread the word because we don't want anyone to miss out on the chance to sell their food legally and safely.**

Preparing for Disasters

Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.

Anthrax, ebola, flooding: each of these words strike a different kind of fear in the public. The Public Health Preparedness and Response (PHPR) program at SCPHD works every day to replace that fear with confidence, as they help local organizations prepare for emergencies.

In the last fiscal year the PHPR team at SCPHD has been involved in several activities and exercises to strengthen health system responses and capabilities.

Infectious Disease Workshops (Special Pathogens)



- In March, the Health District joined South Central Idaho Preparedness Coalition to host the 2018 Ebola Workshop and Table-Top-Exercise. The workshop gave healthcare leaders, public health, emergency management, and other responding agencies **a chance to test their capabilities and make sure their plans would hold up in an emergency**, like an ebola outbreak.
- In October, the South Central Idaho Preparedness Coalition and SCPHD, organized and facilitated Operation Special Pathogens – a workshop to **help responders focus on creating a united community response** to an infectious disease emergency. The Health District brought in people from out of state to share their own experiences with infection disease outbreaks.



Groundwater Contamination Discussion & Table-Top-Exercise - January 17, 2018

- Last year South Central Idaho was hit by major flooding. **Every county within SCPHD declared a state of emergency.** After the clean up, SCPHD organized an exercise with Lincoln County and Gooding County officials, state agencies, and other regional partners to increase our ability to protect our community and respond to their needs.

Operation Red File

- This fall the Health District partnered with the College of Southern Idaho’s Office on Aging in a project to get better information into the hands of our elderly residents, and the people who help them. **Each resident was given a big red envelope stuffed with materials to help them easily collect and record vital information for emergency responders.** The envelope also had educational information to give that resident a better idea of the local programs that can help them stay healthy and prepare for emergencies. SCPHD staff and Medical Reserve Corp volunteers donated their time and energy to help prepare and stuff the envelopes for distribution throughout south central Idaho.



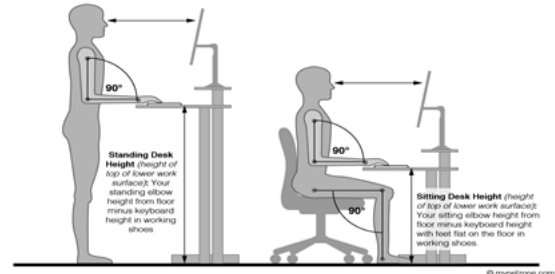
Business Operations

Strategic Plan 11.0 - Leverage Limited Resources / Maintain Viability

In support of our motto:

To Prevent, To Promote, To Protect

Decades of eclectic user unfriendly furniture filled our five facilities. It has taken a full decade to replace the employee office furniture with ergonomically friendly, space efficient, and modern equipment. This furniture promotes better posture and reduces neck and back pain and fatigue. In the next several budget cycles' classroom and lobby furniture will support the programs that train and educate.



Presenting a professional appearance sets the tone for delivery of services to our clients and the public.

Information Technology

IT has also been working to improve the employee environment. This last year, our technicians swapped programs we were using to modify user profiles. That change helped cut login times from (up to) ten minutes down to 30 seconds or less. Each office also received a new server to help speed up the login and printing speeds.

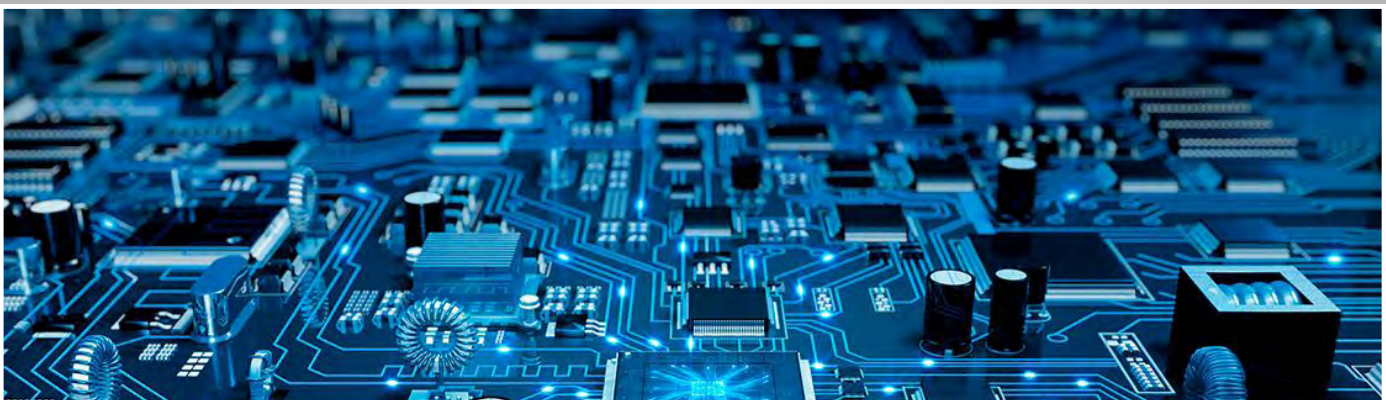


We are upgrading the whole infrastructure in our office with new switches that support both power and data for our new phone system and access points.

What does this mean?

We are cutting out extra cords and still giving our employees better access to power and data.

We are no longer limited to a location with a power source nearby. Power is now delivered through the network cable and if there is a loss of power, all devices powered this way will continue to work.



Employee Committee

Strategic Plan 9.3 - Ensure a positive work climate that enhances employee morale.

Employee Committee Update

The employee committee continues to meet monthly to recognize, help and encourage the employees in our Health District. Our secretary/treasurer, Nancy Andreotti, is retiring October 2018. Melinda Bauman will step in as her replacement.

This year, in an effort to get to know everyone in the office better, we created an employee spotlight. Four employees are chosen at random every month and honored with a get-to-know-you paragraph and picture on the wall. After we rotate through each employee, the spotlight may be converted into a place we can honor employees going above and beyond in their work.



Staff the EC Honored with Parties

- Joymae Stone – Retirement, October 2017
- Rob Petroch – Farewell Luncheon, December 2017
- Racheal Lowe – Farewell Luncheon, March 2018

Regular Activities

Other regular activities included purchasing gifts on behalf of the district for life events such as congratulatory, sympathy, or farewell cards and monthly birthday celebrations.

Fund Raisers

There were many events hosted by the employee committee to raise money to fund gifts and general staff meetings that included:

- December staff meeting: Live/Silent Auction
- December: Sock it to Me fundraiser
- May – June: three 50/50 fundraisers, three employees won a total of \$130
- July staff meeting: Popsicle and Popcorn fundraiser

Philanthropic Efforts

- In our July staff meeting employees held a drive for Voices against Violence. We collected more than 4,000 donated items based off their ongoing needs list.



Community Relations

Strategic Plan 8.1 - Implement an advertising and awareness campaign for SCPHD.

Events

We continue to increase our presence at community events, health fairs and school events. Employees staff booths and tables at these events to help educate residents about our programs, health concerns in the area, and build our role as a community partner.

Since January of this year, we have participated in more than two dozen events, reaching thousands of residents and every county in the District.



SCPHD continues to make education a priority in our efforts to prevent disease and promote healthier living. As part of that education, we regularly issue press releases, press alerts, and other public releases to alert both the media and residents to outbreaks, heat spikes, and other potential health issues in the community. The district has begun to use recorded and live video to promote our programs and make education easier for residents to access.

Just in the last three months our releases have prompted more than 69 news stories in the: US News, Idaho State Journal, Times-News, KMVT, Idaho Press, Idaho Mountain Express, KLIX, Spokesman Review, KVPI and others. **This represents our commitment to finding economical and effective ways to alert and educate residents.**





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